

# Shake Shake Shake

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Daniel Exton (UK) - January 2023  
音樂: Shake Your Booty - KC and the Sunshine Band



Sequence A, B, A, B, A, B, A until end

## A1 Out, Out, In, In, Shuffle x2

1, 2      Right foot out, Left foot out  
3, 4      Right foot in, Left foot next to Right  
5 & 6      Right foot forward, Left foot behind Right, Right foot forward  
7 & 8      Left foot forward, Right foot behind Left, Right foot forward

## A2 Cross, Side, Sailor Step, Cross Side, Behind and Cross

1, 2      Cross Right over Left, Left to Left Side  
3 & 4      Right foot behind Left, Left to Left side, Right to Right side  
5, 6      Left Cross over Right, Right to Right side  
7 & 8      Left foot behind Right, Right to Right side, Left foot cross over Right

## A3 1/4 turn x2, Walk, Walk, Kick Ball Change

1, 2      Right foot forward, 1/4 Turn Left  
3, 4      Right foot forward, 1/4 Turn Left  
5, 6      Walk forward Right, Left  
7 & 8      Kick Right foot out, Right foot next to Left, Left foot next to Right

## A4 Paddle Turn x3 with hitch, Cross, Rock and Cross, Hitch

1, 2      Make 1/4 turn L point RF to R - Make 1/4 turn L point RF to R  
3, 4      Make 1/4 turn L point RF to R, Flick R foot  
5      Cross Right over Left  
6 & 7      Rock Left to Left side, Recover onto Right, Left cross over Right  
8      Hitch Right foot

## B1 Hip Bumps, Side Cross Side, Hip Bumps, Side Cross Side

1 & 2      Bump hips Right, Left, Right (Weight on Left foot)  
3 & 4      Right to Right side, Cross Left Over Right, Right to Right side  
5 & 6      Bump hips Right, Left, Right (Weight on Left foot)  
7 & 8      Right to Right side, Cross Left Over Right, Right to Right side

## B2 Rock Forward, Shuffle Back, Rock Back, Step, 1/2 Turn

1, 2      Rock forward on Left, Recover onto Right  
3 & 4      Shuffle Back Left, Right, Left  
5, 6      Rock Back on Right, Recover onto Left  
7, 8      Right foot forward, 1/4 Turn Left

B3 & B4 Repeat Sections B1&B2

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