

# Countdown

拍數: 32      牆數: 4      級數: Improver  
編舞者: Abby Cahill (USA) - November 2022  
音樂: Turn Around (5,4,3,2,1) - Flo Rida



**DANCE BEGINS 32 COUNTS AFTER MUSIC STARTS... AFTER THE WORDS, "LET'S GO"**

**[1-8] WIZARD STEPS, ROCK RECOVER, ¾ TURN TRIPLE STEP 12:00**

1,2 &      Step forward R at an angle, Step/Slide L foot behind the right, Step R forward.  
3,4 &      Step forward L at an angle, Step/Slide R foot behind the right, Step L forward.  
5, 6      Rock forward R, Recover on L.  
7 & 8      Step [in place] R making a ¾ turn over R shoulder

**[9-16] STEP & CLAP, STEP & CLAP, ROCK RECOVER ½ TURN TRIPLE STEP 9:00**

1, 2      Step forward L, Clap.  
3, 4      Step forward R, Clap.  
5, 6      Rock forward on L, recover on R.  
7 & 8      Step L back, Step R to L while making a ½ turn over L shoulder, Step L forward.

**[17-24] KICK BALL CHANGE x2, ¼ TURN W/ HIP BUMP, ½ TURN W/ HIP BUMP 3:00**

1 & 2      Kick R foot forward, Step down on R, Step L foot down in place next to R  
3 & 4      Kick R foot forward, Step down on R, Step L foot down in place next to R  
5 & 6      Turn ¼ left and step right to side and bump hips right, left, right (weight to right)  
7 & 8      Turn ½ left and step left to side and bump hips left, right, left (weight to left)

**TAG/RESTART: Wall 10 (starting at 9:00) / 24 counts in after hip bumps. Will face 3:00 wall - 4 count tag.**

**TAG [1-4]**

1, 2      Step R, step L  
3, 4      Drop / body roll / hip bumps / spin, etc.

**[25-32] SIDE, BEHIND, QUARTER TURN, ½ TURN PIVOT, ½ TURN, STEP, LEFT COASTER**

1, 2      Step R foot out to the R, Step L foot down behind the R foot  
& 3, 4      ¼ turn R stepping RF forward, step forward on LF, making ½ turn pivot (ending weight on right)  
5, 6      Step fwd on L making ½ turn R, step RF back (taking weight on R)  
7 & 8      Step back on L, close R next to LF, step forward on LF 9:00

**Add your own styling, there is a lot of room for it!**

**Last Update: 10 Mar 2023**