

I Can't Stop Loving You

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Mikael Mölsä (FIN) - 30 December 2022
音樂: I Can't Stop Loving You - Elvis Presley : (live at Madison Square Garden)



Starting point: At the first beat, at about 0:06.

Dance structure: You are facing the front wall on wall 6 and you've just done the kick ball crosses and the rock across (count 21). Hold for a little while when the King shows off his talent for a bit. During this time, turn to face the 3:00 wall. Restart the dance facing 3:00 once the beat kicks back in. Then you dance the first 16 counts, wait there for a little while again, and then finish the dance with the last 16 counts to face the front wall! Then just bounce your heel and in the end strike a pose such as Elvis (such as lifting your cape like Elvis did at the end of a song)! :)

You can also stop the dance at around 1:58, but then it feels kinda short.

SIDE SHUFFLE, BACK ROCK, STEP, SPIRAL, FORWARD SHUFFLE

1&2 Step right to right side, step left next to right, step right to right side
3-4 Rock left back, recover weight back to right
5-6 Step left forward, turn a full spiral turn over your right shoulder
7&8 Step right forward, step left next to right, step right forward

Note: If the spiral step is too hard to do, replace the spiral with just a right-foot hitch on count 6.

ROCK FORWARD, 1/2 LEFT TURNING SHUFFLE, 1/4 LEFT TURNING SLIDE, SAILOR STEP

1-2 Rock left forward, recover weight back to right
3&4 Turn ¼ to left and step left to left side, step right next to left, turn ¼ to left and step left to left side (now facing 6:00)
5-6 Turn ¼ to left and take a big step to the right, slide left next to right
7&8 Step left behind right, step right next to left, step left to left diagonal

KICK BALL CROSSES, CROSS ROCK, SIDE SHUFFLE

1&2 Kick right across left, step right next to left, step left to left
3&4 Kick right across left, step right next to left, step left to left
5-6 Rock right across left, recover weight back to left
7&8 Step right to right side, step left next to right, step right to right side

1/2 RIGHT TURNING PIVOT, IN-OUT-IN -STEPS, HEEL BOUNCES

1-2 Step left forward, turn 1/2 to right
3& Step left to left side, step right to right side
4& Step left back in place, step right in place
5& Step left to left side, step right to right side
6 Transfer weight to left foot and bounce your right heel in place
7-8& Bounce right heel in place for two more counts, transfer weight to left foot

REPEAT