

Bailamos

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Hyeon-nam Yu (KOR) - January 2023
音樂: Bailamos - Enrique Iglesias



Intro: 24 Counts start after lyrics "tonight we dance" approx 23 sec.

■ 1 tags, 4 restarts

- Tag : On wall 2, 6C, facing (06:00)
- Restart 1 : On wall 4 after 40counts, facing (12:00)
- Restart 2,3,4 : On wall 5,6,7 after 32counts, facing (03:00) / (6:00) / (9:00)

[1 – 8] Walk(R,L), Mambo fwd, Walk back(L,R), Coaster

- 1–2 3&4 Walk fwd RF(1), LF(2), Rock RF fwd(3), Recover weight on LF(&), Step RF back(4)
5–6 7&8 Walk back LF(5), RF(6), Step LF back(7), Step RF next to LF(&), Step LF fwd (8)

[9 – 16] Side mambo R,L, Pivot 1/4 turn L x 2

- 1&2 Rock RF to R(1), Recover on L(&), Step RF next to LF(2)
3&4 Rock LF to L(3), Recover on R(&), Step LF next to RF(4)
5–8 Step fwd on RF(5), Make a 1/4 turn L(6), Step fwd on RF(7), Make a 1/4 turn L(8) (6:00)

[17 – 24] Cross Samba R,L, Point flick, Cross shuffle

- 1&2 Cross RF over LF(1), Rock LF to L side(&), Recover onto RF(2)
3&4 Cross LF over RF(3), Rock RF to R side(&), Recover onto LF(4)
5–6 Point RF fwd(5), Flick RF out to R side(6)
7&8 Cross RF over LF(7), Step LF to L side(&), Cross RF over LF(8)

[25 – 32] Side rock recover, Weave, Paddle 1/8 turn L x2 with hips roll

- 1–2 Rock LF to L(1), recover on RF(2)
3&4 Step LF behind RF(3), Step RF to R(&), Cross LF over RF(4)
5–8 Touch RF fwd, rolling hips make a 1/8 turn L(5), Step LF in place(6) (4:30)
 Touch RF fwd, rolling hips make a 1/8 turn L(7), Step LF in place(8) (3:00)

- Restart 2,3,4 : On wall 5, facing 3:00 / On wall 6, facing 6:00 / On wall 7, facing 9:00

[33 – 40] Cross point x2, Rocking chair

- 1–2 Cross RF slightly over LF(1), Point LF to L side(2)
3–4 Cross LF slightly over RF(1), Point RF to R side(2)
5–8 Rock fwd on RF(5), Recover on LF(6), Rock back on RF(7), Recover on LF(8)

- Restart 1 : On Wall 4, facing 12:00

[41 – 48] Pivot 1/2 turn L x2 (with both arms diagonal up, down) , Jazz box (with shimmy)

- 1–2 Step fwd weight on RF(1) Make a 1/2 turn L(2) (9:00)
• Styling option : both arms up (RH to R diagonal up & LH to L diagonal up) (1), down (2)
3–4 Step fwd weight on RF(3), Make a 1/2 turn L(4) (3:00)
• Styling option : both arms up (RH to R diagonal up & LH to L diagonal up) (3), down (4)
5–8 Cross RF over LF(5), Step back on LF(6), Step RF to R side(7), Step LF fwd(8)
• Styling option : with shimmy(5–8)

- Tag (At the end of Wall 2 facing 6:00) : Dorothy steps R,L, Fwd rock , Recover (with body roll)

- 1–2& Step RF into R diagonal(1), Lock LF behind RF(2), Step RF into R diagonal(&) 6:00
3–4& Step LF into L diagonal(3), Lock RF behind LF(4), Step LF into L diagonal(&)
5–6 Rock R fwd (5), Recover back on L (6) • Styling option : with small body roll(5)

Ending: Wall 8 [starts facing 9:00] / after 24counts then step fwd LF 1/4 turn L to finish facing [12:00]

Last Update - 29 Jan 2023
