

Up, Giddy Up!

拍數: 56 牆數: 2 級數: Phrased Improver
編舞者: Patricia Soran (AUT) - January 2023
音樂: Giddy Up! - Shania Twain



INTRO: 8 Counts

PHRASING: A, Tag1, B, A, Tag1, B, A, A, Tag2, B, A

PART A (32 Counts, 2-wall)

[1-8]: Heel-Grind, Weave, Cross Rock, ¼-Triple-Turn L

1-2& Cross right heel over LF; Step LF to side; Step together with RF
3&4& Cross LF over RF; Step RF to side; Cross LF behind RF, Step RF to side
5-6 Cross LF over RF; Rock back on RF
7&8 Step LF to side; ¼-turn right (3:00) and step together with RF; Step fwd. with LF

[9-16]: Dorothy Step R+L, Heel Switches, Heel-Hook-Heel R

1-2& Step RF diag. fwd; Step LF near behind RF; Small step side with RF
3-4& Step LF diag. fwd; Step RF near behind LF; Small step side with LF
5&6& Tap right heel fwd.; Step together with RF; Tap left heel fwd.; Step together with LF
7&8 Tap right heel fwd.; Hook RF; Tap right heel fwd.

[17-24]: Slide back, Coaster Step, ¼-turn L and slide; Sailor-Cross with ½-turn L

1-2 Step back with RF and slide
3&4 Step back with LF; Step together with RF; Step fwd. with LF
5-6 ¼-turn left (6:00) and slide to side with RF
7&8 ¼-turn left (9:00) and cross LF behind RF; Small step side with RF, ¼-turn left (12:00) and cross LF over RF

[25-32]: 2x Heel-Ball-Cross; Modified Jazz-Box with ½-turn R

1&2 Tap right heel diagonally fwd.; Step together with RF; Cross LF over RF
3&4 Repeat Counts 1&2
5-6 Step diagonally fwd. with RF; 3/8-turn right (6:00) and step back with LF
7-8 Step to side with RF; Step fwd. with LF

PART B (24 Counts, 1-wall)

[1-8]: Touch & Step R+L; 2x Rocking Chair

1-4 Touch RF diagonally fwd. (1:30); Step on RF; Touch LF diagonally fwd. (10:30); Step on LF
5&6& Rock RF fwd.; Rock back on LF; Rock RF back; Rock back on LF
7&8& 1/8-turn left (9:00) and repeat the Rocking Chair

[9-16]: Step R fwd.; ½-turn R and L back, ¼-Triple-Turn R, Vaudeville-Steps, ¼-Turn R

1-2 Step RF fwd; ½-turn right (3:00) and step back with LF
3&4 ¼-turn right (6:00) and step to side with RF; Step together with LF; Step to side with RF
5&6& Cross LF over RF; Small Step to side with RF; Tap left heel diagonally fwd.; Step together with LF
7-8 Cross RF over LF; ¼-turn right (9:00) and step back with LF

[17-24]: ¼-Triple-Turn R; Cross L; Point R, Heel-Swivels

1&2 ¼-turn right (12:00) and step to side with RF; Step together with LF; Step to side with RF
3-4 Cross LF over RF; Point RF to side
5-6 Step together with RF and swivel both heels to right; Swivel heels to left
7&8 Swivel heels right – left – right (ending slightly diagonal towards 10:30)

TAG1 (16 Counts)

[1-8]: Stomp R to side; Hold, Behind-Side-Cross; Heel-Strut with ¼-turn R; Scuff-Hitch-Step with ¼-turn R

1-2 Stomp RF to side; Hold

3&4 Cross LF behind RF; Step RF to side; Cross LF over RF

5-6 ¼-turn right (3:00) and tap right heel fwd.; Take weight on RF

7&8 Scuff LF; ¼-turn right (6:00) and hitch L; Step together with LF

[9-16]: Repeat Counts 1-8

Note: Part B and Tag1 are danced facing the back wall at the first time, then with the opposite directions as written above!

TAG2 (4 Counts): Kick-Ball-Change, Step-Turn

1&2 Kick RF fwd.; Step together on right ball; Change weight on LF

3-4 Step RF fwd.: ½-turn left (6:00) and step on LF

ENJOY!

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