

Giddy Up

拍數: 104 牆數: 2 級數: Phrased Intermediate
編舞者: Peter Jones (UK) & Anna Jones (UK) - January 2023
音樂: Giddy Up! - Shania Twain



Sequence A,B,A,B,C,A*(36 counts),B,C.
Starts 8 Counts in.

Part A. 48c

A1, Side, Together, Shuffle ¼ R, Step, Pivot ¼ R, Cross Shuffle.

1-2 Step R To R Side, Step L Next To R.
3&4 Step R To R Side, Step L Next To R, Step ¼ R On R.
5-6 Step Forward On L, Pivot ¼ R On R.
7&8 Cross L Over R, Step R To R Side, Cross L Over R.

A2. Side Rock, Behind, Side, Cross, Hip Bumps, Behind, Side, Touch.

1-2 Rock R To R Side, Recover On L.
3&4 Step R Behind L, Step L To L Side, Cross R Over L.
5&6 Touch L Toe To L Diagonal Bumping Hips L, R, L.
7&8 Step L Behind R, Step R To R Side, Touch L Next To R.

A3. Side, Together, Side, Touch, Side, Together, Side, Step.

1-2 Step L To L Side, Step R Next To L.
3-4 Step L To L Side, Touch R Next To L.
5-6 Step R To R Side, Step L Next To R.
7-8 Step R To R Side, Step L Next To R.

A4. Point R, Together, Point L, Together, Step Forward, Heel Swivels, Coaster Step, Step, Pivot ½ R.

1&2& Point R To R Side, Step R Next To L, Point L To L Side, Step L Next To R.
3&4 Step Forward On R, Swivel Both Heels To R, Swivel Heels To Center.
5&6 Step Back On R, Step L Next R, Step Forward On R.
7-8 Step Forward On L, Pivot ½ R On R.

A5. Step, Lock, Step, Lock, Step, Rolling Vine, Touch.

1-2 Step L To L Diagonal, Step R Behind L.
3&4 Step L To L Diagonal, Step R Behind L, Step L To L Diagonal.

Restart Part B, Then Part C Here On Wall 6 Facing 12:00 To Finish The Dance.

5-6 Step ¼ R On R, Turn ½ R Stepping Back On L.
7-8 Turn ¼ R Stepping R To R Side, Touch L Next R.

A6. Turn ¼ , Turn ½ , Chasse ¼ , Step, Pivot ½, Walk R, L.

1-2 Turn ¼ L Stepping Forward On L, Turn ½ L stepping Back On R.
3&4 Turn ¼ L Stepping L To L, Step R Next To L, Step L To L Side.
5-6 Step Forward On R, Pivot ½ L On L.
7-8 Walk Forward R, L.

Part B. 24c

B1. 2 x ¼ Touch Steps, Kick, Ball, Step, Walk R, L, 3 x ½ Turn Bounces.

1-2 Turn ¼ L Touching R To R Side, Turn ¼ L Touching R To R Side.
3&4 Kick R Forward, Step R Next To L, Step Forward On L.
5-6 Walk Forward R, L.
7&8 Turn ½ R Bouncing Heels 3 Times (Weight Ends On L).

Option: While Doing Steps 1-2 Turn R Hand Above Head Like Using A Lasso.

B2. Coaster Step, Walk L, R, Forward Mambo, Coaster Step.

- 1&2 Step Back On R, Step L Next To R, Step Forward On R.
3-4 Walk Forward L, R.
5&6 Rock Forward On L, Recover On R, Step L Next R
7&8 Step Back On R, Step L Next To R, Step Forward On R.

B3. 2 x ¼ Touch Steps, Kick, Ball, Step, Walk L, R,, 3 x ½ Turn Bounces.

- 1-2 Turn ¼ R Touching L To L Side, Turn ¼ R Touching L To L Side.
3&4 Kick L Forward, Step Back On L step R Next To L,
5-6 Walk Forward L,R.
7&8 Turn ½ L Bouncing Heels 3 Times (Weight Ends On L).

Option: While Doing Steps 1-2 Turn L Hand Above Head Like Using A Lasso.

Part C. 32c

C1. Diagonal Step, Lock, Step, Lock, Step, Step, Lock, Step, Lock, Step.

- 1-2 Step Forward R To R Diagonal, Step L Behind R.
3&4 Step Forward R To R Diagonal, Step L Behind R, Step Forward R To R Diagonal.
5-6 Step Forward L To L Diagonal, Step R Behind L.
7&8 Step Forward L To L Diagonal, Step R Behind L, Step Forward L To L Diagonal.

C2. Heel Swiches, Step, Pivot ½, Heel Swiches, Step, Pivot ½.

- 1&2& Touch R Heel Forward, Step R Next To L, Touch L Heel Forward, Step L Next To R.
3-4 Step Foward On R, Pivot ½ L On L.
5&6& Touch R Heel Forward, Step R Next To L, Touch L Heel Forward, Step L Next To R.
7-8 Step Foward On R, Pivot ½ L On L.

C3. Step Back, Together, Back, Stomp, Step Back, Together, Back, Stomp.

- 1-2 Step R Back To R Diagonal, Step L Next To R.
3-4 Step R Back To R Diagonal, Stomp L Next To R.
5-6 Step L Back To L Diagonal, Step R Next To L.
7-8 Step L Back To L Diagonal, Stomp R Next To L.

C4. Heel Swiches, Step, Pivot ½, Heel Swiches, Step, Pivot ½.

- 1&2& Touch R Heel Forward, Step R Next To L, Touch L Heel Forward, Step L Next To R.
3-4 Step Forward On R, Pivot ½ L On L.
5&6& Touch R Heel Forward, Step R Next To L, Touch L Heel Forward, Step L Next To R.
7-8 Step Forward On R, Pivot ½ L On L.
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