Lang Zi Hui Tou Remix



拍數: 104 牆數: 2 級數: Phrased Improver

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音樂: Lang Zi Hui Tou (浪子回头) - Yvonne (依文)



Intro: 64 Count From the fast beat

Sequence : A - A - B - B - A - A - B - B (60) - Tag - A

A: 32c

Section 1: Walk, Touch

1 2 3 4 Walk Fwd R/L/R, Touch LF Toe to L 5 6 7 8 Walk Back L/R/L, Touch RF Toe to R

Section 2: Side Step, Turn

1 2 3 4 Step RF to R , Closed LF Next to RF, Step RF to R , Touch LF Toe Next to RF (Open Body

To 13:30 as you step to R)

5 6 7 8 Step LF to L, Closed RF Next to LF, Step LF to L, Touch RF Toe Next to LF(Open Body

10:30 as you step to L)

Section 3: Side Step, Touch, Turn

1 2 3 4 Step RF to R Turning ¼ L, Touch LF Tor Next to RF, Step LF to L, Touch LF Toe Next to RF

(09;00)

5 6 7 8 Step RF to R Turning 1/4 L, Touch LF Tor Next to RF, Step LF to L, Touch LF Toe Next to RF

(06;00)

Section 4: Side Step, Touch, Turn

1 2 3 4 Step RF to R Turning ¼ L, Touch LF Tor Next to RF, Step LF to L, Touch LF Toe Next to RF

(03;00)

5 6 7 8 Step RF to R Turning ¼ L, Touch LF Tor Next to RF, Step LF to L, Touch LF Toe Next to RF

(12;00)

B: 72c

Section 1: Touch, Together, Step Side, Together, Step Side, Touch

1 2 3 4 Touch RF Toe to R, Closed RF Next to LF, Touch LF toe to L, Closed LF next to RF

5 6 7 8 Step RF to R Turning 1/8 L, Closed LF Next to RF, Step RF to R, Touch LF Toe next to RF (

Open Body 10:30 as you step to R)

Section 2 : Step Side, Together, Step Side, Touch, Step Side, Touch

1 2 3 4 Step LF to L Turning 1/4 R, Closed RF Next to LF, Step LF to L, Touch RF Toe next to LF

(Open Body 13:30 as you step to L)

5 6 7 8 Step RF to R Turning 1/8 L, Touch LF Toe next to RF, Step LF to L, Touch RF Toe next to LF

(12;00)

Section 3 : Step Back, Touch

1 2 3 4 Step RF Back, Touch LF Toe Fwd, Step LF Back, Touch RF Toe Back

5 6 7 8 Step RF Back, Touch LF Toe Fwd, Step LF Back, Touch RF Toe Back

Section 4: Back Rock, Side Rock, Cross Rock, Side Rock

1 2 3 4 Rock RF Back, Recover onto LF, Rock RF to R, Recover onto LF

5 6 7 8 Cross RF over LF, Recover onto LF, Rock RF to R, Recover onto LF

Section 5 : Cross Shuffle, Cross Shuffle Turn, Side Rock, Shuffle Fwd

1&2 Cross RF Over LF, Step LF to L, Cross RF over LF

3&4 Cross LF Over RF Turning ½ L, Step LF to L, Cross LF Over RF (06:00)

5 6 7 8 Rock RF to R, Recover onto LF, Step RF Fwd, Closed LF Next to RF, Step RF Fwd

Section 6: Pivot ½, Shuffle Fwd, Rocking Chair

1 2 3&4 Step LF Fwd, Turn ½ R Weight on RF, Step LF Fwd, Closed RF Next to LF, Step LF Fwd (12;00)

5 6 7 8 Rock RF Fwd, Recover onto LF, Step RF Back, Recover onto LF

Section 7: Step Back, Touch

- 1 2 3 4 Step RF Back Diag R, Touch LF Toe Next ro RF, Step LF Back Diag L, Touch RF Toe Next to LF
- 5 6 7 8 Step RF Back Diag R, Touch LF Toe Next ro RF, Step LF Back Diag L, Touch RF Toe Next to LF

Section 8 : V Step Turn

- 1 2 3 4 Step RF Fwd Diag R, Step LF to L, Step RF Back to Centre Turning ¼ R, Closed LF Next To RF (03:00)
- Step RF Fwd Diag R, Step LF to L, Step RF Back to Centre Turning ¼ R, Closed LF Next To RF (06:00)

Section 9: Jazzbox, Brush, Fwd, Swivel, Together

- 1 2 3 4 Step RF Cross Over LF, Step LF Back, Step RF to R, Step LF Fwd
- 5 6 7 8 Brush RF Fwd, Touch RF Fwd Diag R with swivel RF heel in, Swivel RF Heel out, Touch RF Toe Next to LF

TAG

Section I: Brush, V Step Turn

- 1 2 3 4 Brush RF Fwd, Touch RF Fwd Diag R With Swivel RF Heel in, Swivel RF Heel out, Touch RF Toe Next to LF
- Step RF Fwd Diag R, Step LF to L, Step RF Back to Centre Turning ¼ R, Closed LF Next To RF (06:00)

Section2: Brush, Fwd, Swivel. Together, Jazzbox

- 1 2 3 4 Brush RF Fwd, Touch RF Fwd Diag R With Swivel RF Heel in, Swivel RF Heel out, Touch RF Toe Next to LF
- 5 6 7 8 Step RF Cross Over LF, Step LF Back, Step RF to R, Step LF Fwd

Section 3: Brush, Fwd, Swivel. Together

1 2 3 4 Brush RF Fwd, Touch RF Fwd Diag R with Swivel RF Heel in, Swivel RF Heel out, Touch RF Toe Next to LF

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