

Gloria's Galaxy

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Improver
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音樂: My Galaxy - Gloria Tells



Sequence : AAB CC - ABC CC - CA (8 counts)

Intro: 16 counts

No tag, No Restart

Part A (32 Counts)

(1 – 8) : STEP-TOUCH FWD & BACK, ANCHOR STEPS (R L)

1-2 Step R forward, Touch L behind R
3-4 Step L back, Touch R in front of L
5&6 Step R back, Recover on L, Step R back
7&8 Step L back, Recover on R, Step L back

(9 – 16) : SAILORS STEP (R L), SAILORS STEP WITH ½ TURN, WALK (L R)

1&2 Step R behind L, Step L to side, Step R to side
3&4 Step L behind R, Step R to side, Step L to side
5&6 ½ turn right & step R behind L (6.00), Step L to side, Step R forward
7-8 Step L forward, Step R forward

(17 – 24) : MONTEREY, TOUCH-CROSS (R L R)

1-2 Touch L to side, ½ turn left & step L next to R (12.00)
3-4 Touch R to side, Cross R over L
5-6 Touch L to side, Cross L over R
7-8 Touch R to side, Cross R over L

(25 – 32) : ¼ TURN JAZZ BOX (2 x), TOUCH

1-3 ¼ turn right & step L back (3.00), Step R to side, Step L forward
4-6 Cross R over L, ¼ turn right & step L back (6.00), Step R to side
7-8 Step L forward, Touch R next to L

Part B (16 Counts)

(1 – 8) : SIDE-TOGETHER (R L), ¼ PADDLE (2 x)

1-2 Step R to side (bending both knees, body alignment to right shoulder), Step L next to R
(straighten body)
3-4 Step L to side (bending both knees, body alignment to left shoulder), Step R next to L
(straighten body)
5-8 Step R forward, ¼ Turn left & step L in place (9.00), Step R forward, ¼ Turn left & step L in
place (6.00)

(9 – 16) : CROSS-TOUCH (R L), ½ CHUG (¼ 1/8 1/8), TOUCH

1-2 Cross R over L, Touch L to side
3-4 Cross L over R, Touch R to side
5& ¼ turn left & chug R to side (body weight stay on L) (3.00)
6& 1/8 turn left & chug R to side (body weight stay on L) (1.30)
7& 1/8 turn left & chug R to side (body weight stay on L) (12.00)
8 Touch R next to left

Part C (16 Counts)

(1 – 8) : SKATE-DIAGONAL SHUFFLE FORWARD (R L)

1-2 Slide R diagonal to right, Slide L diagonal to left

3&4 Slide R diagonal to right, Step L together, Slide R diagonal to right
5-6 Slide L diagonal to left, Slide R diagonal to right
7&8 Slide L diagonal to left, Step R together, Slide L diagonal to left

(9 – 16) : CROSS TOUCH-STEP SIDE (R L), ½ CHUG (¼ 1/8 1/8), TOUCH

1-2 Cross touch R over L, Step R to side
3-4 Cross touch L over R, Step L to side
5& ¼ turn left & chug R to side (body weight stay on L) (9.00)
6& 1/8 turn left & chug R to side (body weight stay on L) (7.30)
7& 1/8 turn left & chug R to side (body weight stay on L) (6.00)
8 Touch R next to left

Happy dancing - Dancing from the heart

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