

Giddy Up

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jennifer Klotz (USA) - January 2023
音樂: Giddy Up! - Shania Twain



Optional Tag

I. [1-8]. Rock Step Cross, pivot ½ turns

- 1&2 Step to the side on your right while changing weight to it, lift left foot in place, and place it back down weighted, cross right foot over left weighted.
- 3&4 Step to the side on your left while changing weight to it, lift right foot in place, and place it back down weighted, cross left foot over right weighted
- 5-6 Stepping forward on right, make a ½ pivot turn over your left shoulder while making a lasso motion with your hands.
- 7-8 Stepping forward on right, make a ½ pivot turn over your left shoulder while making a lasso motion with your hands.

II. [9-16]. Kick Ball Changes, Jazz Box

- 1&2 Kick right Foot forward. Place right foot back down bearing weight on ball of right foot (Toe), lift left foot slightly and placing weight on left.
- 3&4 Kick right Foot forward. Place right foot back down bearing weight on ball of right foot (Toe), lift left foot up and placing weight back down left foot.
- 5,6,7,8 Cross right over left, step back on left, Step right to the side, step left beside right.

III. [17-24]. Vines ¼ turn.

- 1 2 3 4 Step right to the side, step left behind right, step right to the side, step left to right with a touch.
- 5 6 7 8 Step left to the side, step right behind left step left to the side while making a ¼ turn, scuff right foot forward. (Alternative rolling vine)

III. [25-32]. Hip bumps and Body Rolls

- 1 2 3 4 Bump right hip forward twice, bump left hip back twice.
- 5 6 Rolling chest forward, following rolling hips forward.
- 7 8 Rolling chest forward, following rolling hips forward.

Tag: (can be danced without or with a tag.) At the end of wall 3 replace 24th step(scuff) by Placing right foot next to left. Slide to the left, hold for a count/clap Slide to the right, hold for a count/clap. Hop forward, Bump right hip forward twice, Bump left hip back twice. rolling chest forward, following rolling hips forward. (One body roll)

Last Update: 9 Feb 2023