Everybody's Dancing



拍數: 32 編數: 2 級數: High Beginner

編舞者: Cheryl Levin (USA) - January 2023 音樂: Everybody Dance - Chic: (amazon)



Dance starts on vocals - No tags or restart

OPTIONAL INTRODUCTION

(1-8) K STEP (starting on R foot)

- 1, 2, 3, 4 Steps at 45 degree angles: R step forward, L touch, L step back, R touch,
- 5, 6, 7, 8 R step backward, L touch, L step forward, R touch

(9-16) POINT OUT, IN, POINT OUT, IN, VINE RIGHT

- 1, 2, 3, 4, R point out to side, R touch together, R point out to side, R touch together
- 5, 6, 7, 8, R vine: R step out to side, L crosses behind, R step out to side, L touch

(17-24) K STEP (starting on L foot)

- 1, 2, 3, 4, Steps at 45 degree angles: L step forward, R touch, R step back, L touch
- 5, 6, 7, 8, L step backward, R touch, R step forward, L touch

(25-32) POINT OUT, IN, POINT OUT, IN, VINE LEFT

- 1, 2, 3, 4, L point out to side, L touch together, L point out to side, L touch together
- 5, 6, 7, 8, L vine: L step out to side, R cross behind, L step to side, R touch

REPEAT 1-32

MAIN DANCE

(1-8) ROCK, RECOVER, SWITCH, ROCK, RECOVER, SWITCH, SIDE, BEHIND, SIDE, CROSS, SIDE

- 1, 2& 3, 4& R rock forward, recover on L, hop and switch feet, L rock forward, recover on R, hop and switch feet
- 5, 6& 7, 8, R step to side, L crosses behind, R step to side, crosses in front, R step to side

(9-16) 2 KICK BALL CHANGES, LINDY TO L

- 1&2, 3&4, L kick, L step back, R step forward, L kick, L step back, R step forward
- 5&6, 7, 8, Shuffle to L side, (L, R, L), R step back, L step

(17-24) V STEP, SHUFFLE FORWARD, ½ TURN PIVOT

- 1, 2, 3, 4, R step forward and out, L step forward and out, R step in, L step in (45 degree angles)
- 5&6, 7, 8, Shuffle forward, R, L, R, pivot ½ turn, ending on R foot

(25-32) STEP FORWARD, TOUCH, STEP BACK, HEEL (or together), 4 SWAYS OR HIP BUMPS

- 1, 2, 3, 4, L step forward, R touch toe, R step back, L heel, (or step together)
- 5, 6, 7, 8, Sway, hip bumps or shoulder shimmies 4X

Any questions? Email: cplevin@gmail.com

Keep on dancing, everyone!