

2 Be Loved

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Corinne DELY (FR) - January 2023
音樂: 2 Be Loved (Am I Ready) - Lizzo : (Ready)



[1-8] Side step R , Touch I , Side step L , Touch R , ¼ turn R Side step R , Touch L , ¼ turn L Step forward L , Touch R

1-2 Side step RF , Touch LF beside RF
3-4 Side step LF , Touch RF beside LF
5-6 ¼ turn R , Side step RF , Touch LF beside RF 3 :00
7-8 ¼ turn L , Step forward LF , Touch RF beside LF

[9-16] Step forward x3 , Kick L , Step , heel , Step , Heel

1-3 Step forward RF , Step forward LF , Step forward RF
4 Kick forward LF
5-6 Step LF beside RF , Heel forward RF
7-8 Step RF beside LF , Heel forward LF

[17-24] Step back x 3 , Knee up R , step turn ¼ X 2

1-3 Step back LF , Step back RF , Step back LF
4 Hitch R
5-6 Step forward RF , ¼ turn L , on LF foot 9 :00
7-8 Step forward RF , ¼ turn L , on LF foot 6 :00

[25 -32] Cross R , Point L , Cross L , Point R , Flick R , Jumps x2

1-2 Cross RF over LF , Point LF to L
3-4 Cross LF over RF , Point RF to R
5-6 Flick R leg behind L leg , Side step R
7-8 2 little jumps to R
