

Let Go

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Muki Matohir Royal (INA) & Mooki (INA) - January 2023
音樂: Let Go - Saad Lamjarred



Sequence Dance : A, A, B, A, A, A, B 20 Count, A, A, B, A, A

PART A1. WALK – BOTA FOGO (R – L)

1 – 2 Step R Forward , Step L Forward
3 & 4 Cross R over L , Ball L to Side , Step R in Place
5 – 6 Step L Forward , Step R Forward
7 & 8 Cross L over R , Ball R to Side , Step L in Place

PART A2. ROCK FORWARD – PIVOT 1/2 RIGHT TURN – SHUFFLE FORWARD – PIVOT 1/2 RIGHT TURN – BACK SHUFFLE – BACK – CLOSE

1 – 2 Step R Forward , Step L in Place
3 & 4 Turn 1/2 Right Step R Forward , Step L Beside R , Step R Forward
5 & 6 Turn 1/2 Right Step L Back , Step R Beside L , Step L Back
7 – 8 Step R Back , Close L Beside R

PART A3. SIDE – IN PLACE – BACK – SIDE – CROSS (R – L)

1 – 2 Step R to Side , Step L in Place
3 & 4 Step R Back , Step L to Side , Cross R over L
5 – 6 Step L to Side , Step R in Place
7 & 8 Step L Back , Step R to Side , Cross L over R

PART A4. OUT – OUT – TURN 1/4 RIGHT – SIDE – CLOSE – 2X

1 – 2 Step R Diagonal Forward , Step L Diagonal Forward
3 – 4 Turn ¼ Step R to Side , Close L Beside R
5 – 6 Step R Diagonal Forward , Step L Diagonal Forward
7 – 8 Turn ¼ Step R to Side , Close L Beside R

PART B1. CHASSE – TURN 1/2 RIGHT – CHASSE – PADDLE TURN

1 & 2 Step R to Side , Close L Beside R , Step R to Side
3 & 4 Turn 1/2 Right Step L to Side , Close R Beside L , Step L to Side
5 & 6 & Turn 1/4 Left Touch R to Side , Step L in Place , Turn 1/8 Left Touch R to Side , Step L in Place
7 & 8 Turn 1/8 Left Touch R to Side , Step L in Place , Close R Beside L

PART B2. CHASSE – TURN 1/2 LEFT - CHASSE – PADDLE TURN

1 & 2 Step L to Side , Close R Beside L , Step L to Side
3 & 4 Turn 1/2 Left Step R to Side , Close L Beside R , Step R to Side
5 & 6 & Turn 1/4 Right Touch L to Side , Step R in Place , Turn 1/8 Right Touch L to Side , Step R in Place
7 & 8 Turn 1/8 Right Touch L to Side , Step R in Place , Close L Beside R

PART B3. CROSS ROCK – SIDE – SYNCOPATED CROSS SHUFFLE

1 & 2 Cross R over L , Step L in Place , Step R to Side
3 & 4 Cross L over R , Step R in Place , Step L to Side
5 & 6 & Cross R over L , Step L to Side , Cross R over L , Step L to Side
7 & 8 Cross R over L , Step L to Side , Cross R over L

PART B4. CROSS ROCK – SIDE – SYNCOPATED CROSS SHUFFLE

1 & 2 Cross L over R , Step R in Place , Step L to Side
3 & 4 Cross R over L , Step L in Place , Step R to Side
5 & 6 & Cross L over R , Step R to Side , Cross L over R , Step R to Side
7 & 8 Cross L over R , Step R to Side , Cross L over R

ENJOY THE DANCE

Contact : mooki.dance@gmail.com
