Cha Cha Mockingbird

級數: Improver

編舞者: Karen Lee (TW) - January 2023

音樂: Mockin' Bird Hill - Roots Syndicate

Intro: 32 Counts ** No Tag, **No Restart.

拍數: 32

Sec1. Diagonal Forward Shuffle X2, Chasse Right, Rock, Recover.

- RF Diagonal Forward Shuffle(1:30), 1&2
- 3&4 LF Diagonal Forward Shuffle, (10:30)
- 5&6 Step RF to R Side, Step LF Together, Step RF to R Side,
- 7-8 Rock LF Back, Recover RF In Place.

Sec2. Chasse Left, Rock, Recover, Kick, Kick, Sailor step.

- Step LF to L Side, Step RF Together, Step LF to L Side, 1&2
- 3-4 RF Back Rock, Recover LF In Place,
- 5-6 Kick RF Forward, Kick RF to right diagonal,
- Step RF Behind LF, Step LF to L side, Step RF to R side.(Weight on RF) 7&8

Sec3. Kick, Kick, Coaster, Forward Rock, Recover, 1/2 R Forward Shuffle.

- 1-2 Kick LF Forward, Kick LF to Left diagonal,
- 3&4 Step Back on LF, Step RF Together, Step LF Forward
- 5-6 Rock RF Forward, Recover LF In Place.
- 7&8 1/2 turn Right Step RF Forward, Step LF Together, Step RF Forward.(6:00)

Sec4. Rocking Chair, Jazz Box 1/4 L, Touch.

- Rock LF Forward, Recover RF In Place, Rock LF Backward, Recover RF In Place 1-2-3-4
- 5-6-7-8 Step LF Forward, Step RF Back, 1/4 Turn Left Step LF To L Side, Touch RF Beside LF.(Weight on LF) (3:00)

REPEAT

Enjoy and happy Dancing...

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Last Update: 23 Jan 2023





牆數:4