

# 90's Ladies

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Susan Reynolds (USA) - December 2022  
音樂: Ladies In The '90s - Lauren Alaina



Intro: 4 slow 8 counts. Start with singing.

## WALK, WALK, SHUFFLE, ROCK, RECOVER, COASTER

1-2            Walk R forward, Walk L forward  
3&4            Step R forward, Step L beside R, Step R forward  
5-6            Rock L forward, Recover R  
7&8            Step L back, Step R back next to L, Step L forward

## GRAPEVINE R, KICK-BALL-CHANGE 2X

1-2            Step R to side, Step L behind R  
3-4            Step R to side, Step L beside R  
5&6            Kick R forward, Step R ball of foot slightly behind L, Step L in place  
7&8            Kick R forward, Step R ball of foot slightly behind L, Step L in place

## SIDE ROCK, BEHIND-SIDE-CROSS 2X

1-2            Rock R to R side, Recover on L  
3&4            Step R behind L, Step L to L side, Step R across L  
3-4            Rock L to L side, Recover on R  
3&4            Step L behind R, Step R to R side, Step L across R

## SHUFFLE FORWARD, ¼ TURN, SHUFFLE FORWARD, ½ TURN

1&2            Step R forward, Step L beside R, Step R forward  
3-4            Step L as pivot 1/4 to R (weight returns to R)  
5&6            Step L forward, Step R beside L, Step L forward  
7-8            Step R forward as pivot ½ to L (weight returns to L)

See my other dance videos at: [SusanReynolds@susanreynoldslinedances](mailto:SusanReynolds@susanreynoldslinedances)

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