

Sa-Bud (Flick)

拍數: 64 牆數: 2 級數: Beginner
編舞者: Ploy Wantanaporn (THA) - December 2022
音樂: Flick (สับัด) - Kratae Rsiam (กระแต อาร์ สยาม)



Intro: (72 count) approx. 36 secs - 2 Tag, 1 Restart

Restart: Wall 3 after Sec.4

Tags: Wall 4 after Sec.4 then continue Sec.7&Sec.5

*Phrasing : A, A, B, B, C, C, A, (T1), A, A, (T2), B, B, C, C, A, A, A(16C), B, B, B, B, C, C, A

Part A: 32c

Step touch sideway

1-2 Step RF to R side(1), Step LF next to RF(2)
3-4 Step RF to R side(3), Step LF next to RF(4)
5-6 Step LF to L side(5), Step RF next to LF(6)
7-8 Step LF to L side(7), Step RF next to LF(8)

Weight on RF - LF, RF-LF-RF, LF - RF, LF-RF-LF

1-2 Weight on RF(1), LF(2)
3&4 Weight on RF(3), LF(&), RF(4)
5-6 Weight on LF(5), RF(6)
7&8 Weight on LF(7), RF(&), LF(8)

Botafogo×4

1&2 Cross RF over LF - ball LF to side - step RF in place
3&4 Cross LF over RF - ball RF to side - step LF in place
5&6 Cross RF over LF - ball LF to side - step RF in place
7&8 Cross LF over RF - ball RF to side - step LF in place

Step FWD, 1/2 Pivot L turn, Hip bump×4

1-2 Step RF Forward(9), Step LF Forward(10)
3-4 Pivot ½ Turn R [6:00](11), step LF forward
5&6 R hip bumps×2
7&8 L hip bumps×2

Part B : 16c

Weight on RF & LF with hops ×8 (12:00)

1-2 Weight on RF(1), LF(2) with hops and Arms swing upwards follow weight
3-4 Weight on RF(3), LF(4)with hops and Arms swing upwards follow weight
5-8 Repeat count 1-4

Jazz square, Cross backward

1-4 Cross RF over LF (1), Cross LF over RF(2), step RF backward (3), step LF to side(4)
5-6 Bend knee both side[1:30]
7-8 Step RF cross behind LF with stretch both legs

Part C : 16c

Sway & Free Style

1 Hold
2-3 RF to R side & Sway(2), Sway L(3)
4-5 Hold

6-7 RF to R side & Sway(3), Sway L(4)
8-1 Hold
2-3 RF to R side & Sway(2), Sway L(3)
4-8 Free style

(Styling option for sway: Hip sway follow leg)

Tag 1: Step touch

1-2 Step RF to R side, Step LF next to RF
3-4 Step LF to L side, Step RF next to LF
5-6 Step RF to R side, Step LF next to RF
7-8 Step LF to L side, Step RF next to LF

Tag 2: Step Fwd, 1/2 Pivot

1-2 Step RF Forward(1), Step LF Forward(2)
3-4 Pivot ½ Turn R [6:00](3), step LF forward(4)
5-6 Step RF Forward(1), Step LF Forward(2)
7-8 Pivot ½ Turn R [6:00](3), step LF forward(4)

Show your sexy, sassy and naughty moves as much as you can, I knew you can do it!!!! XOXO :D

Last Update: 6 Jan 2023
