

# Jumping Up For Joy

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Pat Newell (USA) - 30 December 2022  
音樂: Western Girls - Marty Stuart



## Senior Dancing Series

Teaches: Heel stands, Single taps, Charlestons and Vines

32 in

### HEEL STANDS RIGHT LEAD (HEEL STANDS)

1-4            R heel tap fwd, step on R, L heel tap fwd step on L

5-8            R heel tap fwd, step on R, L heel tap fwd step on L

### DOUBLE R HEEL TAPS AND DOUBLE TOE TAPS, R SINGLES FWD, BACK, FWD, BACK W TOUCH

1-4            R heel tap fwd 2 times and tap R toe slightly back 2 times

5-8            R Single taps fwd,back, fwd, touch together

### TWO CHARLESTONS

1-4            Step fwd on R, touch L fwd, step back on L, touch R back

5-8            Step fwd on R, touch L fwd, step back on L, touch R together

### RIGHT VINE, LEFT VINE TO 1/4 L 9:00

1-4            Step R to R, cross L behind R, Step to R on R foot, touch L beside R

5-8            Step L to L, cross R behind L, step to 1/4 L on L, touch R beside L

Begin Again

DANCE FOR THE HEALTH OF IT

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