

Jumping Up For Joy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Pat Newell (USA) - 30 December 2022
音樂: Western Girls - Marty Stuart



Senior Dancing Series

Teaches: Heel stands, Single taps, Charlestons and Vines

32 in

HEEL STANDS RIGHT LEAD (HEEL STANDS)

1-4 R heel tap fwd, step on R, L heel tap fwd step on L

5-8 R heel tap fwd, step on R, L heel tap fwd step on L

DOUBLE R HEEL TAPS AND DOUBLE TOE TAPS, R SINGLES FWD, BACK, FWD, BACK W TOUCH

1-4 R heel tap fwd 2 times and tap R toe slightly back 2 times

5-8 R Single taps fwd,back, fwd, touch together

TWO CHARLESTONS

1-4 Step fwd on R, touch L fwd, step back on L, touch R back

5-8 Step fwd on R, touch L fwd, step back on L, touch R together

RIGHT VINE, LEFT VINE TO 1/4 L 9:00

1-4 Step R to R, cross L behind R, Step to R on R foot, touch L beside R

5-8 Step L to L, cross R behind L, step to 1/4 L on L, touch R beside L

Begin Again

DANCE FOR THE HEALTH OF IT
