

Starting Now

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Wiwik Katarina (INA) & Rissa Miura (INA) - December 2022
音樂: Starting Now - Brandy



The dance start on vocal

There are 3 tags, 1 restart & 1 step change in this dance

Sequence : A, Tag 1, B, B, Tag 2, A- (44C, with step change), Tag 1, B, B, A, B, B, B

Part A (48 C)

I) Dorothy R-L, 1/2 L pivot, full turn

1 2 & 1/8 R FWD (1), lock L behind R (2), R FWD (&
3 4 & 1/8 L FWD (3), lock R behind L (4), L FWD (&
5 6 1/8 R FWD (5), 1/2 L in place (6)
7 8 1/2 L stepping R back (7), 1/2 L stepping L FWD (8)

II) Botafogo R-L, cross, side, 1/4 R side, cross shuffle

1 & 2 cross R over L (1), L to side (&), recover on R (2)
3 & 4 cross L over R (3), R to side (&), recover on L (4)
5 6 & cross R over L (5), L to side (6), 1/4 R to side (&
7 & 8 cross L over R (7), R to side (&), cross L over R (8)

III) Side rock, recover, ball step, side rock, recover, 1/4 L sailor step, kick ball touch

1 2 & 3 R to side (1), recover on L (2), R ball close to L (&) L to side (3)
4 5 & 6 Recover on R (4), 1/4 L sweep L back (5), R together (&) L FWD (6)
7 & 8 Kick R FWD (7), R ball together (&), touch L to side (8)

IV) Kick ball step, hold, ball step, side, side point, rolling vine.

1 & 2 Kick L FWD (1), L ball together (&), R to side (2)
3 & 4 Hold (3), L ball together (&), R to side (4)
5 6 7 8 Point L to side weight on R (5), 1/4 L in place (6), 1/4 L step R to side (7), 1/2 L to side (8)

V) Cross rock, recover, chasse, cross rock, recover, back touch, 3/8 L pivot

1 2 3 & 4 cross R over L (1), recover on L (2), R to side (3), L together (&) R to side (4)
5 6 7 8 cross L over R (5), recover on R (6), touch L back (7), 3/8 L step L in place (8)

VI) R FWD, recover, 1/2 R shuffle, 1/4 R pivot, cross shuffle

1 2 3 & 4 R FWD (1), recover on R (2), 1/4 R to side (3), L together (&), 1/4 R FWD (4)
5 6 7 & 8 L FWD (5), 1/4 R in place (6), cross L over R (7), R to side (&) cross L over R (8)

#after wall 3 there is a step change here on count 3, 4

(1/4 R to side (3) , recover on L (4) then continue with tag 1)

Part B (32 C)

I. Rock Forward - Back Shuffle - Back Rock - Brush L - Out Out

1-2 Step R forward, Recover on L
3&4 Step R back, step L beside R, step R back
5-6 Step L back, recover on R
7&8 Brush L from back to front, step L to side, step R to side

II. SAILOR STEP - SAILOR 1/4 R - WEAVE R (WITH SIDE TOUCH)

1&2 Step L behind R, step R to side, step L to side
3&4 Step R behind L, 1/4 turn R step L to side, step R to side

5-6 Cross L over R, step R to side
7-8 Cross L behind R, touch R to side

III. JAZZ BOX ¼ CROSS - R SIDE - STEP (L-R-L-R) IN PLACE WITH SHOULDERS MOVE - CLOSE

1-2 Cross R Over L, ¼ turn right step L back
3-4 Step R to side, cross L over R
5-6 Step R to side and push R shoulder to right , Press L in place push L shoulder to left
7&8 Press R in place and push R shoulder to right , Press L in place and push L shoulder to left,
Close R together L

IV. FORWARD ROCK L - TRIPLE FULL TURN L - ELECTRIC KICK L

1-2 Step L forward, recover on R
3&4 ½ turn left L forward, ½ turn left R back, step L together R
5-6 Step R forward, L kick forward
7-8 Step L back, touch R beside L

#TAG 1 (16 COUNT)

I)
1 2 3 4 R big step (1), drag L slightly to R (2), cross L behind R (3), recover on R
5 - 8 Do the same on L

II)
1 - 4 R FWD (1), hold (2), 1/2 L pivot step L in place (3), hold (4) (06:00)
5 - 8 Do the same facing (12:00)

#TAG 2 (4 C) R big step to side (1), drag L slightly to R (2), cross L behind R (3), recover on R

Enjoy the dance

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