

How 2 Dance

拍數: 64 牆數: 2 級數: Intermediate
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音樂: How 2 Dance - Kaiser Chiefs : (Amazon.co.uk)



Intro: 24 Counts (Start on vocals)

Jazz Box 1/2 Turn Right. Toe Touches X3. Flick.

- 1 – 2 Cross Right over Left. Turn 1/4 Right stepping Left back. (3.00)
3 – 4 Turn 1/4 Right stepping Right to Right side. Step Left forward. (6.00)
5 – 8 Point Right toe to Right side. Point Right toe Forward. Point Right toe to Right side. Flick Right behind Left.

Side-Close. Right Cross Shuffle. Box 1/2 Turn Right. Touch Behind/Head Turn.

- 1 – 2 Step Right to Right side. Close Left beside Right.
3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left.
5 – 6 Turn 1/4 Right stepping Left back. Turn 1/4 Right stepping Right forward. (12.00)
7 – 8 Step Left to Left side. Touch Right toe behind Left and Look over the Left shoulder to 9.00 Wall.

Right Syncopated Weave. Left Heel Touches X3. Right Heel Lift

- 1 – 2 Step Right to Right side. Cross Left behind Right.
&3,4 Step Right to Right side. Cross step Left over Right. Step Right to Right side.
5 – 7 Touch Left heel forward. Touch Left heel to Left side. Touch Left heel forward (weight still on Right).
&8 With Left still forward, Lift Right heel up as you raise Left foot slightly. Drop Right Heel to the floor.

1/4 Turn Left. 1/2 Turn Left. Back Rock. 1/2 Turn Right. 1/4 Turn Right. Left Kick-Ball-Point.

- 1 – 2 Turn 1/4 Left stepping Left forward. Turn 1/2 Left stepping Right back. (3.00)
3 – 4 Rock back on Left. Recover weight on Right.
5 – 6 Turn 1/2 Right stepping Left back. Turn 1/4 Right stepping Right to Right side. (12.00)
7&8 Kick Left forward. Step Left beside Right. Point Right toe out to Right side. *Restart on Wall 2 facing 6.00

Step. Sweep. Cross. 1/4 Turn Left. Left Back Rock. Shuffle 1/2 Turn Right.

- 1 – 2 Step Right forward. Sweep Left from back to in front.
3 – 4 Cross Left over Right. Turn 1/4 Left stepping Right back. (9.00)
5 – 6 Rock Left back. Recover weight on Right.
7&8 Shuffle 1/2 turn Right stepping: Left, Right, Left. (3.00)

Back-Drag. Ball-Walk-Walk. Forward Rock. Triple Full Turn Right.

- 1 – 2 Take big step back on Right. Drag Left up towards Right.
&3,4 Step Left beside Right. Walk forward Right. Walk forward Left.
5 – 6 Rock Right forward. Recover weight on Left.
7&8 Triple full turn (on the spot) stepping: Right, Left, Right. (Non-Turners: Right Coaster Step). (3.00)

Step. Sweep. Cross. Side. Back Rock. Hinge 1/2 Turn Left.

- 1 – 2 Step Left forward. Sweep Right from back to in front.
3 – 4 Cross Right over Left. Step Left to Left side.
5 – 6 Rock back on Right. Recover weight on Left.
7 – 8 Turn 1/4 Left stepping Right back. Turn 1/4 Left stepping Left to Left side. (9.00)

Right Cross Rock. Syncopated Touches Back. Back Rock. Step. Pivot 1/4 Turn Left.

- 1 – 2 Cross Rock Right over Left. Recover weight on Left.
&3 Step Right back slightly on Right diagonal. Touch Left beside Right.
&4 Step Left back slightly on Left diagonal. Touch Right beside Left.
5 – 8 Rock Right back. Recover weight on Left. Step Right forward. Pivot 1/4 turn Left. (6.00)

Start Again!

***Restart on Wall 2 facing 6.00 Wall after 32 Counts.**

****Tag: Add the following 8 Counts after Wall 4 Facing 6.00 Wall.**

Right Jazz Box. Side. Hold. Touch Back. 1/2 Turn Left.

- 1 – 4 Cross Right over Left. Step Left back. Step Right to Right side. Cross Left over Right.
5 – 6 Step Right to Right side. Hold.
7 – 8 Touch Left toe back. Unwind 1/2 turn Left with weight now on Left. (12.00)

Ending: At the End of Wall 5, replace the Pivot 1/4 Turn Left (Counts 63 & 64) with a Pivot 3/4 Left to bring you round to the front Wall.
