

# Forward, Backward AB

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Absolute Beginner  
編舞者: Karen Lee (TW) - December 2022  
音樂: Naar Voren, Naar Achter - Alpenzusjes



Intro: 32 C, No Restart. / NoTag.

[S1]: Walk Forward (R-L-R), Kick, Walk Back (L-R-L), Touch.

1-4            Walk Forward RF-LF-RF, LF Kick  
5-8,            Walk Backward LF-RF-LF, RF Touch

[S2]: Vine R, Touch, Vine L, Touch.

1-4            Step RF to R side, Cross LF behind RF, Step RF to R side, Touch LF next to RF  
5-8            Step LF to L side, Cross RF behind LF, Step LF to L side, RF Touch.

[S3]: K-Step, (snap or clap)

1-4            Step RF diagonally forward, Touch LF Next to RF, Step LF diagonally back, Touch RF Next to LF  
5-8            Step RF diagonally Back, Touch LF Next to RF, Step LF diagonally forward, Touch RF Next to LF

[S4]: Rocking Chair, Pivot Turn 1/4 L x 2

1-4            Rock RF Forward, Recover on LF, Rock RF Backward, Recover on LF  
5-6            Step RF Forward, 1/4 turn Left Weight on LF,  
7-8            Repeat 5-6

REPEAT

Enjoy and happy Dancing...

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