

Ridin' High

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tracy Kruger (AUS) & Kathy Kearey (AUS) - December 2022
音樂: Rumbleseat - John Cougar Mellencamp



Start: After 16 count intro

VINE STOMP x2

1-2 Step R to side, step L behind R
3-4 Step R to side, stomp L next to R
5-6 Step L to side, step R behind L
7-8 Step L to side, stomp R next to L

SIDE STOMP x2, STEP ½ TURN x2

9-10 Step R to side, stomp L next to R
11-12 Step L to side, stomp R next to L
13-14 Step R forward, turn ½ to left
15-16 Step R forward, turn ½ to left

HEEL STRUT x2, WALK x3 STOMP

17-18 Step R heel forward, drop R toes to the floor
19-20 Step L heel forward, drop L toes to the floor
21-22 Step R forward, step L forward
23-24 Step R forward, stomp L next to R

ROCK BACK RECOVER ½ TURN STOMP, SWIVEL HEELS RIGHT HOLD, SWIVEL HEELS CENTRE, SWIVEL HEELS RIGHT TURNING ¼ LEFTN

25-26 Step/rock L back, recover onto R
27-28 Turn ½ to right stepping L back, stomp R in front of L
29-30 Swivel both heels diagonally right, hold
31-32 Swivel both heels to centre, swivel both heels to right turning ¼ to left

REPEAT

RESTART: On wall 7 after 16 counts (6:00)

FINISH: To finish the dance facing the front, dance to count 16 then turn ¼ to left stepping R forward.