

Hot Sauce

拍數: 64 牆數: 2 級數: Intermediate - Catalan style
編舞者: Laura Turcaud (FR) - December 2022
音樂: Devil's Red Hot Sauce - James Lann



Intro : 32c

(1-8) Side step R, L behind R, ¼ turn R & Rock step fwd R, Step back R, Flick L, Step fwd L, Point back R

1-2 R to R, L behind R
3-4 ¼ turn to R and « Rock step » : R forward – recover on L 3H
5-6 R back, « Flick » lift L back
7-8 L forward, R point behind L

(9-16) Step back R, ¼ turn L & Kick L, Side step L, Foot boogie R, Kick R, Side step R, Stomp-up L

1 R back
2-3 ¼ turn to L and L « Kick » forward, L to L 12H
4-5 « Foot boogie » : R point inward – R heel inward
6-7 « Kick » coup de pied D devant, PD à D
8 L « Stomp-up » next to R (bounce)

RESTART 3rd wall - 12h

For the 8th count, replace « Stomp-up » with a « Stomp » (body weight on L)

(17-24) Side step L, Together R, Step fwd L, Scuff R, Step R, Flick L, ½ turn L & Kick L, Step L, Scuff R

1-2 L to L, R next to L
3-4 L forward, « Scuff » rub R heel next to L
5-6 Step R and « Flick » lift L back, ½ turn to L and L « Kick » forward 6H
7-8 Step L (R lifts slightly), « Scuff » rub R heel next to L

(25-32) Vine R, Stomp-up L, Side step L, Stomp-up R, Side step R, Point (in) L

1-2-3 « Vine » : R to R – L behind R – R to R,
4 L « Stomp-up » next to R (bounce)
5-6 L to L, R « Stomp-up » next to L (bounce)
7-8 R to R, L point next to R with L knee inward

(33-40) Rolling vine L, Scuff R, Vaudeville R, Hook back R

1-2-3 « Rolling vine » : ¼ turn to L and L forward - ½ turn to L and R back - ¼ turn to L and L to L
3-9-6H
4 « Scuff » rub R heel
5-6-7 « Vaudeville » : cross R in front of L – L to L – R heel forward (diagonal R)
8 « Hook » lift R behind L leg

(41-48) Long side step R, Hold, Stomp L, Hold, Rock step fwd R, ½ turn R & Step fwd R, Scuff L

1-2 Long step R to R, hold
3-4 L « Stomp » next to R (with body weight), hold
5-6 « Rock step » : R forward – recover on L
7-8 ½ turn to R and R forward, « Scuff » rub L heel next to R 12H

(49-56) Step turn L ½ turn R, Step fwd L, Hold, Rocking chair R

1-2 « Step turn » : L forward – ½ turn to R (body weight on R) 6H
3-4 L forward, hold
5-6-7-8 « Rocking chair » : R forward – recover on L – R back – recover on L

(57-64) Kick R, Cross fwd R, ½ turn L, ½ turn L & Long step fwd L, Hold, Stomp down R, Hold

- 1-2 R « Kick forward, cross R in front of L
3-4 ½ turn to L on 2 counts 12H
5-6 ½ turn to L and long step L forward, hold 6H
7-8 R « Stomp down » next to L (without body weight, leave on the ground), hold

End of 7th wall (12h) = slow motion + break (4c)

Slow down to follow the rhythm of the music (from the « rocking chair » (Section 7)).

Once the singer has said "Thought", pause for 4c, then restart the choreography with the music.
