

My World Spins

拍數: 32 牆數: 4 級數: Intermediate
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音樂: What My World Spins Around - Jordan Davis



[1-8] Kick, Step, Point; Kick, Step, Point; Right Sailor Step; Left Sailor Step

1&2 Kick RF forward, Step Ball of RF next to LF, Point LF to left side
3&4 Kick LF forward, Step Ball of LF next to RF, Point RF to right side
5&6 Sweep RF behind LF, Step LF next to RF, Step RF to Right side
7&8 Sweep LF behind RF, Step RF next to LF, Step LF to Left side(End facing 12 o'clock)

[9-16] Lunge, Hold, Lunge with 1/2 Turn, Hold, Right Sailor Step, Left Sailor Step

9-10 Lunge out to Right side, Hold
11-12 Push off on RF as you make a lunge with a 1/2 turn over your Right shoulder, Hold
13&14 Sweep RF behind LF, Step LF next to RF, Step RF to Right side
15&16 Sweep LF behind RF, Step RF next to LF, Step LF to Left side(End facing 6 o'clock)

[17-24] Forward Shuffle, Full Turn, Shuffle Forward, Full Turn

17&18 Step forward on RF, Step LF next to RF, Step forward on RF
19-20 Step back on your LF as you make a 1/2 turn over your Left Shoulder, Step forward on your RF as you make a 1/2 turn over your Right shoulder
21&22 Step forward on your LF, Step LF next to RF, Step forward on your LF
23-24 Step back on your RF as you make a 1/2 turn over your Right shoulder, Step forward on your LF as you make a 1/2 turn over your Right shoulder(End facing 6 o'clock)

[25-32] Point RF to side, Together, Point LF to side, Together with 1/4 turn, Point RF to side, Together, Point LF to side, Together

25-26 Point RF to Right side, Step RF next to LF
27-28 Point LF to Left side, Step LF next to RF as you make a 1/4 turn over Left shoulder
29-30 Point RF to Right side, Step RF next to LF
31-32 Point LF to Left side, Step LF next to RF(End facing 3 o'clock)

*TAG AT THE END OF WALL 4 FACING 12 O'CLOCK(8 counts) WILL BE FACING 9 O'CLOCK WHEN TAG IS FINISHED

1-4 Pushing off of your LF make 1 and 1/4 spins over your Right shoulder, weight ends up on LF
5-8 Roll hips from right to left, repeat

*TAG AT THE END OF WALL 7 FACING 6 O'CLOCK(16 counts) WILL BE FACING 3 O'CLOCK WHEN TAG IS FINISHED

1-4 Pushing off of your LF make 1 and 1/4 spins over your Right shoulder, weight ends up on LF
5-8 Roll hips from right to left, repeat
9-12 Step Forward on RF, Make a 1/2 turn pivot over Left shoulder, repeat
13-16 Roll hips from right to left, repeat

Last Update: 24 Dec 2022