

Hanukkah Polka

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Helaine Norman (USA) - December 2022
音樂: Hanukkah, Oh Hanukkah - Glee Cast



Intro: 8 (vocal) - Restart: 1

I. WALK WALK WALK KICK; BACK BACK, COASTER

1-4 Walk forward R L R, kick L forward
5-6 Walk back L R
7&8 Step L back, step R together, step L forward

Easier Option 5-8: Walk back LRL, touch R together

II. REPEAT I

*Restart here.

III. LINDY X2

1&2 Step R side, step L together, step R side
3-4 Rock L behind, recover to R
5&6 Step L side, step R together, step L side
7-8 Rock R behind, recover to L

IV. SHUFFLE, 1/2 PIVOT R TURN; SHUFFLE, 1/4 PIVOT L TURN

1&2 Step R forward, step L together, step R forward
3-4 Step L forward making 1/2 turn right, weight to R 6:00
5&6 Step L forward, step R together, step L forward
7-8 Step R forward making 1/4 turn left, weight to L 9:00

REPEAT

RESTART: During wall 3, after 16 counts.

Helaine43@gmail.com

Last Update: 22 Dec 2022
