

Southern Soul Bounce

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: The King & I (USA/NL), Roy Verdonk (NL) & Ira Weisburd (USA) - December 2022
音樂: Southern Soul Bounce - Ms. Jody



Introduction: 40 counts. Start on vocal approx. 29 seconds

******* NO TAGS ! NO RESTARTS ! *******

PART I. (BUMP L, R, L, BACK, SIDE, CROSS; L LINDY STEP)

1&2 Bump L hip to L, Bump R hip to R, Bump L hip to L
3&4 Step R back, Step L to L, Step R across L
5&6 Step L to L, Step-close R beside L, Step L to L
7-8 Rock back onto R, Recover forward onto L

PART II. (BUMP R, L, R, BACK SIDE, CROSS; R LINDY STEP)

1&2 Bump R hip to R, Bump L hip to L, Bump R hip to R
3&4 Step L back, Step R to R, Step L across R
5&6 Step R to R, Step-close L beside R, Step R to R
7-8 Rock back onto L, Recover forward onto R

PART III. (SIDE, RECOVER, FORWARD, SIDE, RECOVER, FORWARD; ROCKING CHAIR, FORWARD MAMBO)

1&2 Step L to L, Step R to R, Step L forward
3&4 Step R to R, Step L to L, Step R forward
5&6& Step L forward, Recover back onto R, Step L back, Recover forward onto R
7&8 Step L forward, Recover back onto R, Step L back

PART IV. (BACK PONY STEP, BACK PONY STEP; ROCK BACK, RECOVER, FORWARD, 1/4 PIVOT L, CROSS)

1&2 Step R back, Touch ball of L beside R, Step R in place
3&4 Step L back, Touch ball of R beside L, Step L in place
5-6 Step R back & Hitch L, Recover forward onto L
7&8 Step R forward, Pivot 1/4 L onto L (9:00), Step R across L

REPEAT DANCE.

Email: royverdonkdancers@gmail.com dancewithira@comcast.net

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