

Ya La He

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Harry Samana (INA) & Andhy Givo (INA) - December 2022
音樂: Ojos Así - Shakira



Restart On Wall 5 (16 count)
Tag After wall 11 and wall 13

SEQUENCE : AA BB A(16) AA BB AA tag1 BB tag2

Start dance 00: 37 " (VOCAL SONG)

Part A . 32c

Section 1 . SIDE ROCK-RECOVER , WEAVE , SIDE ROCK-RECOVER - WEAVE

1 - 2 Rf side - Lf recover
3 & 4 Rf behind Lf - Lf side - Rf cross over Lf
5 - 6 Lf side - Rf recover
7 - 8 Lf behind Rf - Rf side - Lf cross over Rf

#Section 2. TOUCH , ROLL HIPS , HIPS BUMP , DROP , ½L TURN , TOUCH , ROLL HIPS , HIPS BUMP , DROP HEEL

1 - 2 Touch Rf forward and Roll your hip
3 & 4 Bump forward - back , Drop heel Rf forward
5 - 6 Turn ½L touching Lf forward and roll your hip
7 & 8 Bump forward - back , drop heel Lf forward

#RESTART ON WALL 5 AFTER (16C)

#Section 3. LOCK STEP , LOCK SHUFFLE (R-L)

1 - 2 Rf forward - lock Lf behind Rf
3 & 4 Rf forward - lock Lf behind Rf - Rf forward
5 - 6 Lf forward - lock Rf behind Lf
7 & 8 Lf forward - lock Rf behind Lf - Lf forward

#Section 4. PADDLE TURN ¼ L , PADDLE TURN ¼ L , PIVOT ½ , TOUCH , SHIMMY SHIMMY

1 - 2 Rf forward - turn ¼L stepping Lf in place
3 - 4 Rf forward - turn ¼L stepping Lf in place 5 - 6 : Step RF forward - turn ½ L stepping Lf in place
7 & 8 Touch Rf forward and Shimmy Shimmy

Part B. 32c

#Section 1. CROSS ROCK - RECOVER , SIDE ROCK - RECOVER , CROSS ROCK - RECOVER , CHASSE R

1 - 2 Cross Rf over Lf - Lf recover
3 - 4 Rf side - Lf recover
5 - 6 Cross Rf over Lf - Lf recover
7 & 8 Rf Side - Lf next beside Rf - Rf side

#Section 2. CROSS ROCK - RECOVER , SIDE ROCK - RECOVER , CROSS ROCK - RECOVER , CHASSE R

1 - 2 Cross Lf over Rf - Rf recover
3 - 4 Lf side - Rf recover
5 - 6 Cross Lf over Rf - Rf recover
7 & 8 Lf Side - Rf next beside Lf - Lf side

#Section 3. ROCKING CHAIR , TOUCH , HOLD , HIPS BUMP

1 – 2 Rf forward – Lf recover
3 – 4 Rf back – Lf recover
5 – 6 Touch Rf forward – hold
7&8 Bump to Back – forward – back

#Section 4. ROLLING R , TOUCH , ROLLING L , TOUCH

1 – 2 Turn R $\frac{1}{4}$ Rf forward – turn R $\frac{1}{2}$ Lf back
3 – 4 Turn R $\frac{1}{4}$ Rf Side – Point Lf side
5 – 6 Turn L $\frac{1}{4}$ Lf forward – turn L $\frac{1}{2}$ Rf back
7 – 8 Turn L $\frac{1}{2}$ Lf forward – turn L $\frac{1}{4}$ touching Rf beside Lf

TAG 1 . AFTER WALL 11

1-2-3-4 Rf side with shimmy – Lf touch point side – Lf side with shimmy – Rf touch point side

TAG 2. AFTER WALL 13

1-2-3-4 Cross Rf over Lf – hold – turn L $\frac{1}{2}$ stepping on Lf - hold

Enjoy with your Dance (just for fun Line dance)
