

# Rely on Me

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Hiroko Carlsson (AUS) - December 2022  
音樂: Rely On Me - Sigala, Gabry Ponte & Alex Gaudino : (Spotify /Apple Music/  
Deezer)



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## [S1] Step-Pivot 1/2L, Shuffle Fwd, Box 1/4L Turn

1 2            Step forward on R, Make a ½ turn left recover weight on L (6:00)  
3&4           Shuffle forward on R-L-R  
5 6            Cross L over R, Make a ¼ turn left stepping back on R (3:00)  
7 8            Step back on L, Step forward on R

## [S2] Cross, Point, Cross-Samba, L Sailor Step, Touch-Unwind 1/2R w/ Kick

1 2            Cross L over R, Point R to the side  
3&4           Cross R over L, Rock L to the side, Replace weight on R  
5&6           Step L behind R, Step R to the side, Step L to the side  
7 8            Touch back on R toe, Make a ½ turn right weight ends on L/ kick R diagonally forward (9:00)

## [S3] R-L Sailor Step, Shuffle Back, Back Rock

1&2           Step R behind L, Step L to the side, Step R to the side  
3&4           Step L behind R, Step R to the side, Step L to the side  
5&6           Shuffle back on R-L-R  
7 8            Rock back on L, Replace weight on L

## [S4] Cross, Side, Behind, Side, Step-Pivot 1/4R, Cross, Hitch

1 2            Cross L over R, Step R to the side  
3 4            Step L behind R, Step R to the side  
5 6            Step forward on L, Make a ¼ turn right recover weight on R (12:00)  
7 8            Cross L over R, Hitch R knee

## [S5] Cross, Side, Behind, 1/4L, Step-Pivot 1/4L, Cross, Side

1 2            Cross R over L, Step L to the side  
3 4            Step R behind L, Make a ¼ turn left stepping forward on L (9:00)  
5 6            Step forward on R, Make a ¼ turn left recover weight on L (6:00)  
7 8            Cross R over L, Step L to the side

## [S6] Behind Rock, R Side Shuffle, Behind Rock, L Side Shuffle

1 2            Rock R behind L, Replace weight on L  
3&4           Right side shuffle on R-L-R  
5 6            Rock L behind R, Replace weight on R  
7&8           Right side shuffle on L-R-L

## [S7] Anchor Step, Cross, 1/4L, 1/4L, Cross, L Side Shuffle

1&2           Rock R behind L slightly lifting L, Replace weight on L, Step R behind L  
3 4            Cross L over R, Make a ¼ turn left stepping back on R (3:00)  
5 6            Make a ¼ turn left stepping L to the side (12:00), Cross R over L  
7&8           Left side shuffle on L-R-L

## [S8] Anchor Step, Cross, 1/4L, Back Rock, 1/2R Chase Turn-Fwd

1&2           Rock R behind L slightly lifting L, Replace weight on L, Step R behind L  
3 4            Cross L over R, Make a ¼ turn left stepping back on R (9:00)

5 6                    Rock back on L, Replace weight on R  
7&8                    Step forward on L, Make a ½ turn right recover weight on R (3:00), Step forward on L

**No tags or restarts**

**Ending suggestion; The last wall starts facing 3:00. Dance up to Section 4 count7 (3:00), then Hitch R knee/ make a swift ¼ turn left on ball of L foot, Step forward on R (12:00)**

**(updated: 20/Dec/22)**

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