

This Solo

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ari Linedance (KOR) - December 2022
音樂: Solo (feat. Demi Lovato) - Clean Bandit



No Tag / No Restart

Sec. 1] Side Mambo R/L, Hip Rolling, Together

1&2 Step R Side Rock, L Recover, R Cross Over L
3&4 Step L Side Rock, R Recover, L Cross Over R
5 6 7 8 Step R to Side with Hip Rolling from L to R - Step L Next to R

Sec. 2] Half Diamond Step, Ball Press R,L

1&2 Step R Cross Over L, Step L Side, 1/8T Right Step R Back with Hitch L
3&4 Step L Back, 1/8T Right Step R Side, Step L Forward (3:00)
5 6 Ball Press R Forward, Step R Beside L
7 8 Ball press L Forward, Step L Beside R

Sec. 3] Weave, Cross Shuffle, Scissors Step L,R

1&2& Step R Cross Over L, L Side to L, R Behind L, L Side to L
3&4 Step R Cross Over L, L Beside R, R Cross Over L
5&6 Step L Side to L, R Beside L, L Cross Over R
7&8 Step R Side to R, L Beside R, R Cross Over L

Sec. 4] Hill Grind, L Forward, 1/2T Right, Forward Shuffle

1&2& Step L Hill grind, R Recover, L Back, R Recover
3&4& Step L Hill grind, R Recover, L Back, R Recover
5 6 Step L Forward, 1/2 Turn Right
7&8 Forward Shuffle (LRL)

Enjoy Dance

Last Update - 6 Jan. 2023 - R1