

# This Solo

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Ari Linedance (KOR) - December 2022  
音樂: Solo (feat. Demi Lovato) - Clean Bandit



No Tag / No Restart

## Sec. 1] Side Mambo R/L, Hip Rolling, Together

1&2      Step R Side Rock, L Recover, R Cross Over L  
3&4      Step L Side Rock, R Recover, L Cross Over R  
5 6 7 8      Step R to Side with Hip Rolling from L to R - Step L Next to R

## Sec. 2] Half Diamond Step, Ball Press R,L

1&2      Step R Cross Over L, Step L Side, 1/8T Right Step R Back with Hitch L  
3&4      Step L Back, 1/8T Right Step R Side, Step L Forward (3:00)  
5 6      Ball Press R Forward, Step R Beside L  
7 8      Ball press L Forward, Step L Beside R

## Sec. 3] Weave, Cross Shuffle, Scissors Step L,R

1&2&      Step R Cross Over L, L Side to L, R Behind L, L Side to L  
3&4      Step R Cross Over L, L Beside R, R Cross Over L  
5&6      Step L Side to L, R Beside L, L Cross Over R  
7&8      Step R Side to R, L Beside R, R Cross Over L

## Sec. 4] Hill Grind, L Forward, 1/2T Right, Forward Shuffle

1&2&      Step L Hill grind, R Recover, L Back, R Recover  
3&4&      Step L Hill grind, R Recover, L Back, R Recover  
5 6      Step L Forward, 1/2 Turn Right  
7&8      Forward Shuffle (LRL)

Enjoy Dance

Last Update - 6 Jan. 2023 - R1