

Rockabillies' Fun

拍數: 32 牆數: 2 級數: Improver
編舞者: Angels Guix (ES) & Enric Nonell (ES) - December 2022
音樂: Sleigh Ride - Jamie Cullum & Kansas Smitty's
或: Rock 'N' Roll Boogie - The Jive Aces



Song: Sleigh Ride by Jamie Cullum & Kansas Smitty's. Album: The Pianoman at Christmas (The Complete Edition). Length: 2'21"

#8 counts introduction. Start the dance when the singer says "Sleigh" (Aprox. 4 seconds introduction)

Slower song option: Rock 'N' Roll Boogie by The Jive Aces. Album: Diggin' the Roots Vol.1: Rockin' Rhythm & Blues. Length: 2'55"

#8 counts introduction. (approx. 5 seconds introduction)

No tags and no re-start

[1-8] Heel switches, shuffle forward x2

1& Touch heel of RF forward, step RF together
2& Touch heel of LF forward, step LF together
3& Touch heel of RF forward, step RF together
4& Touch heel of LF forward, step LF together
5&6 Step RF forward, step LF together, step RF forward
7&8 Step LF forward, step RF together, step LF forward

[9-16] ½ Pivot turn, step forward x2, travelling twist right, travelling twist left

1,2 Step RF forward, ½ turn left and step on LF
3,4 Step RF forward, step LF close to RF hip-width apart
5&6 Swivel heel of both feet to right, swivel toes of both feet to right, swivel heel of both feet to right
7&8 Swivel heel of both feet to left, swivel toes of both feet to left, swivel heel of both feet to left

[17-24] Step side & rock step x4

1,2& Step RF to the right, rock LF behind RF, recover on RF
3,4& Step LF to the left, rock RF behind LF, recover on LF
5,6& Step RF to the right, rock LF behind RF, recover on RF
7,8& Step LF to the left, rock RF behind LF, recover on LF

[25-32] Triple step full turn in place, mambo step backward, jazz box

1&2 ¼ turn left and step RF slightly backward, ½ turn left and step LF together, ¼ turn left and step RF slightly to right (in short: it is a triple step full turn in place with no travelling)
3&4 Rock LF backward, recover on RF, step LF slightly to left diagonal
5,6 Cross RF over LF, step LF backward
7,8 Step RF to right, step LF forward

Start again

No tag no re-start

Note for the contra dance option during 17 to 24 count block:

One can join right hand palm with the partner in front when doing the LF rock step behind RF, and the same with left hand palm when doing RF rock step.