

Going Too Hard

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Janet Kearney (USA) - 12 December 2022
音樂: Off The Deep End - Priscilla Block : (iTunes and Amazon Music)



Intro: 20 counts – Dance begins on the word WELL after the 4 count instrumental break
NO TAGS OR RESTARTS

(1 – 8) MAMBO R, MAMBO L, WALK BACK R-L, KICK STEP STOMP

1 & 2 Rock R to R, Step L center, Step R next to L
3 & 4 Rock L to L, Step R center, Step L next to R
5 – 6 Step back R then L
7 & 8 Hop back on R while kicking L forward. Step on L, Stomp R next to L keep weight on L

(9 – 16) GRAPEVINE RIGHT, GRAPEVINE LEFT ¼ TURN L, ROCKING CHAIR, PIVOT ¼ TURN L

1 & 2 & Step R to right, Step L behind R, Step R to right, Touch L next to R
3 & 4 & Step L to left, Step R behind L, Step L to left making ¼ turn to L (9:00), Touch R next to L
5 & 6 & Rock R forward, Step center on L, Rock R back, Step center on L
7 – 8 Step forward on R, Pivot ¼ turn to L (6:00)

(17 – 24) STEP LOCK R THEN L ON DIAGONALS, MAMBO FORWARD, MAMBO BACK

1 & 2 & Step R forward on diagonal, Lock L behind R, Step R forward on diagonal, Scuff L
3 & 4 & Step L forward on diagonal, Lock R behind L, Step L forward on diagonal, Scuff R
5 & 6 Rock R forward, Step L center, Step R next to L
7 & 8 Rock L back, Step R center, Step L next to R

(25 – 32) PIVOT ½ TURN L, SHUFFLE R-L-R, PIVOT ½ TURN R, SHUFFLE L-R-L

1 – 2 Step R forward, Pivot 1/2 turn to L (12:00)
3 & 4 Step R forward, Step L next to R, Step R forward
5 – 6 Step L forward, Pivot 1/2 turn to R (6:00)
7 & 8 Step L forward, Step R next to L, Step L forward

Repeat and smile!

LiveLoveLaughLineDance
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