

Comic Kicks

拍數: 100
編舞者: Rex Allott (UK) - December 2022
音樂: Comics - Caravan Palace

牆數: 2

級數: Phrased Improver



Sequence - A,A,B,C, A,A,B,D, A,A,D

Intro - 16 beats

A. 32c

S1. R toe, heel scuff, L back lift, R kick fwd, 1/4 point turn R, R kick ball step

1&2& Scuff R toe, then heel fwd, bounce R heel, step R fwd slightly

3&4& Bend L leg 90# back, return, kick R fwd, return

5-6. Point R out R, turning 1/4 R step L next to R

7&8. Kick R out fwd, step L, R

S2. Rpt S1.

S3. Heel digs R, L, 1/2 toe turn L, prissy walk R, L, step fwd R, L, back R, L

1&2& Touch heels fwd, back R, L

3-4. Lifting heels make 1/2 turn L on both toes

5-6. Step R fwd across L, step L fwd across R

7&8& Step fwd R, L, step back R,L

S4. Rpt S3.

B. 16c

S1. Touch R back, rtn, out, rtn, point diagonally fwd, rtn, rpt L

1&2& Touch R back, rtn, out R, rtn

3-4. Point R diagonally out fwd, rtn

5&6& Touch L back, rtn, out L, rtn

7-8. Point L diagonally out L, rtn

S2. Touch R fwd, rtn, out, rtn, point diagonally back rtn, rpt L

1&2& Touch R fwd, rtn, out R, rtn

3-4. Point R diagonally back, rtn

5&6& Touch L fwd, rtn, out L, rtn

7-8. Point L diagonally back L, return

C. 16c

S1. Full turn R, point R diagonally fwd R, full turn L, point L diagonally fwd L

1&2& Making a full turn R, step R back, step L next to R, step R back, step L next to R

3-4. Point R diagonally out fwd R, rtn

5&6& Making a full turn L, step L back, step R next to L, step L back, step R, next to L

7-8. Point L diagonally out fwd L, rtn

S2. Full turn R, point R diagonally back R, full turn L, point L diagonally back L

1&2& Making a full turn R, step L back, step R next to L, step L back, step R next to L

3-4. Point R diagonally back R, rtn

5&6& Making a full turn L, step R back, step L next to R, step R back, step L next to R

7-8. Point L diagonally back L, rtn

D. 36c

S1. Step slide R, step R, L, R, step slide L, step L, R, L

- 1-2. Step R to R, slide L next to R
- 3&4. Step R, L, R on the spot
- 5-6. Step L to L, slide R next to L
- 7&8. Step L, R, L on the spot

S2. Step Slide L, step L, R, L, step slide R, step R, L, R

- 1-2. Step L to L, slide R next to L
- 3&4. Step L, R, L on the spot
- 5-6. Step R to R, slide L next to R
- 7&8. Step R, L, R on the spot

S3. Skate fwd R, L, step, R, L, R, skate back L, R, step R, L, R

- 1-2. Skate R fwd, skate L next to R
- 3&4. Step R, L, R on the spot
- 5-6. Skate L back, skate R next to L
- 7&8. Step L, R, L on the spot

S4. Skate back, L, R, step L, R, L, skate fwd R, L,

- 1-2. Skate L back, skate R next to L
- 3&4. Step L, R, L on the spot
- 5-6. Skate R fwd, skate L next to R
- 7&8. Step R, L, R on the spot

S5. Step R fwd, step L next to R, step R back, step L next to R

- 1-2. Step R fwd, step L next to R
 - 3-4. Step R back, step L next to R
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