Left and Right in MM (Metro Manila)

牆數: 2

級數: Improver

編舞者: V. Allen L. Isidro (USA) - December 2022 音樂: Left and Right - Charlie Puth & Jung Kook

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"Tik Tok meets American Line Dancing"

Start on vocals with no lead count

拍數: 32

Tag (16-ct, always at 12:00): Tik Tok routine to the first 4 lines of the song

- Memories follow me left and right
- 1-2 Both hands on each side of head looking diagonal left and right on count 1-2
- 3-4 Both hands crossed on chest, uncrossed touching each shoulder on count 3-4
- 5-6-7-8 Point L&R fingers to left, side right foot out-in, point L&R fingers to right, side left foot out-in

I can feel you over here (I can feel you over here)

- 1-2 Bend right knee forward with right palm over right ear count 1-2
- 3-4 Bend left knee forward with left palm over left ear count 3-4

You take up every corner of my mind (Watcha gon' do now)

5-6-7-8 Crossed closed fists to left, side right foot out-in, crossed closed fists to right, side left foot out-in

Main Dance

- Set 1: Heel-jack right & left
- 1-2, &3&4 Side R-behind L, ball R-heel L-together L-cross R
- 5-6, &7&8 Side L-behind R, ball L-heel R-together R-cross L

Set 2: Forward, $\frac{1}{2}$ pivot, forward, diagonal step, heel bounces 4x

- 1-2-3-4 Forward R- ½ pivot left on L-forward R-diagonal L (6:00)
- 5-6-7-8 L heel bounce-bounce-bounce-

Tag on walls #2 & #6 & restart

Set 3: Mambo cross diagonal left and right, hip sways

- 1&2,3&4 Cross R-recover L-together R, cross L-recover R-together L
- 5-6-7-8 Sway hips R-L-R-L (right-left-right-left)

Set 4: Rocking chair & jazz box

- 1-2,3-4 Forward R-recover L-back R-recover L
- 5-6-7-8 Cross R-side L- behind R-cross L (6:00)

Tag after wall #4 before wall #5

START ALL OVER ON NEW WALL

Ending: After wall #7, unwind 1/2 turn after the final jazz box to 12:00



