

I'm Alive

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Linah Lunardi (INA) - December 2022
音樂: I'm Alive (Dj Baruch Pakado Crazy Remix) - Celine Dion



Start on the word "WHEN" YOU CALL...

Start with weight on L foot

#1 Tag, No Restart

(1-8) CROSS, POINT, BOTAFOGO. (2X)

1 2 Cross RF over LF, Point RF to R
3&4 Cross RF over LF, Rock L ball to L, Recover onto RF
5 6 Cross LF over RF, Point LF to L
7&8 Cross LF over RF, Rock R ball to R, Recover onto LF

(9-16) ROCK FWD, ½ R, SHUFFLE FWD, ROCK FWD, COASTER STEP

1 2 Rock RF fwd, Recover onto LF
3&4 Turn ½ R stepping RF fwd, Close LF next to RF, Step RF fwd
5 6 Rock LF fwd, Recover onto RF
7&8 Step RF back, Close LF next to RF, Step RF fwd

(17-24) STEP, TOGETHER, CHASSE. (2X)

1 2 Step RF to R, Close LF next to RF
3&4 Step RF to R, Close LF next to RF, Step RF to R
5 6 Step LF to L, Close RF next to LF
7&8 Step LF to L, Close RF next to LF, Step LF to L

(25-32) JAZZBOX ¼ R, ½ L PADDLE TURN WITH STOMPS

1-4 Cross RF over LF, Step LF back, Turn ¼ R stepping RF to R, Step LF fwd
5& Turn 1/8 L stomping RF to R, Recover onto LF
6& Turn 1/8 L stomping RF to R, Recover onto LF
7& Turn 1/8 L stomping RF to R, Recover onto LF
8& Turn 1/8 L stomping RF to R, Recover onto LF

TAG (4 COUNT): happens at the end of wall 7. After doing 32 count, you do another ½ L PADDLE TURN WITH STOMPS and you will be facing 3.00 to continue dancing the next wall.

Ending: Wall 9 is the last wall. At the end of wall 9 you do Jazzbox ¼ R for 4 counts to face 12.00 - and pose.

Enjoy and happy dancing!

CP : lunlinah@gmail.com