Houston



拍數: 102 編數: Phrased Intermediate

編舞者: Priska Staud (CH) - March 2021

音樂: Houston - Austin Plaine



Description:

Part A: 14 Counts Part B: 56 Counts Part C: 32 Counts Tag 1: 16 Counts Tag 2: 8 Counts

2 x A - B - C - 4 x A - B - C - 2 x A - C - C - Tag 1 - B short* - Tag 2 - C - 3 x A - A short* - Final*

* B Short: Start with the Tag 2 after 20 Counts
* A Short: Start with the Final after 6 Counts

Part A

Sect 1 POINT, STEP BACK, POINT, STEP BACK, POINT, STEP BACK, HEEL STRUT

1 – 2	Point R with the right foot – Step back R with the right foot
3 – 4	Point L with the left foot – Step back L with the left foot

5 – 6 Point R with the right foot – Step back R with the right foot (*A Short: Start her with the Final)

7 – 8 Heel L in front with the left foot– Put weight on L

Sect 2 ½ TOE STRUT TURN, ROCK RECOVER ½ TURN, ½ TURN, STOMP UP

1 – 2	½ Turn over the left shoulder touch R toe back – Put weight on R
3 – 4	Rock recover ½ turn L over the left shoulder – Put weight on R
5 – 6	½ Turn over the left shoulder step forward L – Stomp up R

Part B

Sect 1 STOMP, STOMP, KICK BRUSH, TOUCH, TOUCH, HEEL STRUT 1/2 TURN

1 – 2	Stomp with the right foot – Stomp with the left foot
3 – 4	Kick with the right foot – Brush with the right foot back
5 – 6	Touch back with the right toe- Touch back with the right toe
7 – 8	½ Heel turn over the right shoulder- Put weight on right

Sect 2 STOMP UP, STOMP UP, POINT, TOUCH, POINT, HOCK, SIDE, BEHIND

1 – 2	Stomp up with the left foot – Stomp up with the left foot
3 – 4	Point L with the left foot – Touch with the left toe in front
5 – 6	Point L with the left foot- Hock L behind of R
7 – 8	Step L to the left side – Step R behind left

Sect 3 SIDE, CROSS, SIDE ROCK, FLICK SLAP, STOMP, HEEL BOUNCE

1 -	Z	Step L to the left side – Step K cross over left
3 –	4	Side Rock L to the left – Recover the weight to the right foot (*B Short: Start her with the Tag
		2)
_	e	Flick left foot and alan with left hand. Stamp I diagonal

5 – 6 Flick left foot and slap with left hand – Stomp L diagonal

7 – 8 Heel up L – Heel down L

Sect 4 HEEL BOUNCE, POINT, HOOK TURN, LOCK STEP, SCUFF

1 – 2	Heel	up L – I	Heel (down L	
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3 – 4 Point R to the right – Hook turn R in Front of L ¼ turn

5 – 6 Step R – Step L behind R

^{*} Final: Touch unwind

7 – 8	Step R – Scuff L
Sect 5 STEP, T	OUCH, KICK, KICK, CROSS, KICK, BACK ROCK
1 – 2	Step L – Touch R back
3 – 4	Jumping back right and Kick L – Kick R
5 – 6	Cross R over L – Kick R
7 – 8	Jumping back to the right foot– Recover to left foot
Sect 6 TOUCH,	SCUFF, LOCK STEP, HOLD, ROCK RECOVER ½ TURN
1 – 2	Touch R – Scuff R
3 – 4	Step R – Step L behind R
5 – 6	Step R – Hold
7 – 8	Rock forward L – Recover ½ turn over the left shoulder
Sect 7 HEEL S	FRUT, TOE STRUT BACK, TOE STRUT ½ TURN, STOMP, STOMP
1 – 2	Heel L – Put weight on L
3 – 4	Touch R behind – Put weight on R
5 – 6	Toe L back ½ turn over the left shoulder – Put weight on L
7 – 8	Stomp R – Stomp L
Part C	
Sect 1 RUMBA	BOX
1 – 2	Step side to the R with the right foot – Step L next to R
3 – 4	Step forward R – Hold
5 – 6	Step side to the L with the left foot – Step R next to L
7 – 8	Step back L – Hold
Sect 2 JUMPIN	G BACK ROCK, DOUBLE KICK, BACK ROCK, STOMP UP ¼ TURN, STOMP ¼ TURN
1 – 2	Jumping back rock R – Recover to the left foot
3 – 4	Kick R in front – Kick R in front
5 – 6	Jumping back rock R – Recover the the left foot
7 – 8	Stomp up R ¼ Turn over the left shoulder – Stomp R ¼ Turn over the left shoulder
Sect 3 RUMBA	BOX
1 – 2	Step side to the L with the left foot – Step R next to L
3 – 4	Step forward L – Hold
5 – 6	Step side to the R with the right foot – Step L next to R
7 – 8	Step back R – Hold
Sect 4 BACK R	OCK, DOUBLE KICK, BACK ROCK, STOMP UP ¼ TURN, STOMP ¼ TURN
1 – 2	Jumping back rock L – Recover to the right foot
3 – 4	Kick L in front – Kick L in front
5 – 6	Jumping back rock L – Recover to the right foot
7 – 8	Stomp up L 1/4 Turn over the right shoulder – Stomp L 1/4 Turn over the right shoulder
Tag 1	
-	STOMP, KICK, BRUSH, TOUCH, TOUCH, HEEL STRUT ½ TURN
1 – 2	Stomp with the right foot – Stomp with the left foot
3 – 4	Kick with the right foot – Brush with the right foot
5 – 6	Touch back with the right foot Touch back with the right foot
7 – 8	½ Heel turn over the right shoulder– Put weight on R
•	STOMP, KICK, BRUSH, TOUCH, TOUCH, HEEL STRUT ½ TURN
1 – 2	Stomp with the left foot – Stomp with the right foot
3 – 4	Kick with the left foot – Brush with the left foot

Tag 2 Sect 1	KICK, JUMPING JAZZ BOX ½ TURN, KICK, BACK ROCK
7 – 8	½ Heel turn over the left shoulder– Put weight on L
5 – 6	Touch back with the left foot- Touch back with the left foot

1-2 Kick L – Cross L over R

3-4 Kick L – Kick R 5-6 Cross R – Kick R

7 – 8 Jumping back to the right – Recover to left foot