If You Like Dizzy



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Candace Jajo-Burns (USA) - December 2022 音樂: More Than You Know - Axwell ∧ Ingrosso



Intro - 16 counts

S1: Jump, cross, step-heel-step-cross, step, ½ turn, start vaudeville			
1-2	Jump feet out a little more than shoulder width apart, jump RF in front of LF/LF behind RF		
&3&4	Step LF to side of RF, tap R heel to R diagonal, step RF down to side of LF, cross LF over RF with weight on LF		
5-6	Step RF to side of LF, Step LF to side of RF making ½ turn (facing 6:00)		
7-8&	Step RF to side of LF making ½ turn (facing 12:00), step LF behind RF, step RF to side of LF		
S2: Finish vaudeville, shuffle ¼ turn, pivot ½ turn, shuffle			
1&2	Tap heel of LF to L front corner, step LF down to side of RF, cross RF over LF with weight on RF		
3&4	Step LF 1/4 turn over L shoulder (facing 9:00), slide RF slightly forward, step LF forward		
5-6	Step RF forward, pivot ½ turn over L shoulder (facing 3:00)		
7&8	Step RF forward, slide LF slightly forward, step RF forward		
S3: Rock, recover, sailor ½ turn, pivot ¼ turn, cross shuffle			
1-2	Rock forward on LF, recover on RF		
3&4	Cross LF behind RF, unwind $\frac{1}{2}$ turn as you step your RF to side of LF (facing 9:00), step LF to side of RF with weight on LF		
5-6	Step RF forward, pivot ¼ turn over L shoulder (facing 6:00)		
7&8	Cross RF over LF, slide LF toward RF with legs still crossed, step RF to L with legs still crossed		

S4: Step, hold, ball-step, hold, rock, recover, cross, unwind 3/4 turn

1-2	Step LF to side of RF	(facing 6:00), hold
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&3-4 On the ball of the RF step the RF slightly closer to LF, step LF to side of RF, hold

5-6 Rock forward on RF, recover on LF

7-8 Cross RF behind LF, unwind ¾ turn over R shoulder (facing 3:00)

No tags, no restarts!! □

YouTube: PHX Dance with Candace

Facebook: PHX Dance Instagram: @phxlivedance