

Make It Move

拍數: 48 牆數: 2 級數: Improver
編舞者: Hayley Wheatley (UK) & Colin Ghys (BEL) - November 2022
音樂: Good Times! - In Paradise



#34 Count Intro, start on the lyrics "It's a worldwide celebration"

S1: WALKS BACK WITH HEEL SWIVELS, COASTER STEP, WALK, WALK, SHUFFLE

1-2 Walk back on RF, swivelling L toes out (1), Walk back on LF, swivelling R toes out (2) 12:00
3&4 Step back on RF (3), Close LF beside RF (&) Step fwd on RF (4) 12:00
5-6 Walk fwd on LF (5), Walk fwd on RF (6) 12:00
7&8 Step LF fwd (7), Close RF beside LF (&) Step LF fwd (8) 12:00

S2: ROCK FORWARD, RECOVER, TOE STRUT ¼ TURN, HIP SWAYS, HITCH

1-2 Rock fwd on RF (1), Recover on LF (2) 12:00
3-4 Making ¼ turn R, touch R toe to R side (3) Drop R heel (4) 3:00
5-6 Sway hips R (5), Sways hips L (6) 3:00
7-8 Sway hips R (7), Sway hips L hitching R knee (8) 3:00

S3: ROLLING VINE WITH HITCH, HIP BUMPS, HITCH ½ TURN

1-2 Step fwd on RF making ¼ turn R (1), Step back on LF making ½ turn R (2), 12:00
3-4 Step RF to R side making ¼ turn R (3), Hitch L knee (4) 3:00
5-6 Sway hips L (5), Sway hips R (6) 3:00
7-8 Sway hips L (7), Hitch R knee making ½ turn L (8) 9:00

S4: SLIDE RIGHT, ROCK BACK RECOVER SIDE, TAP TOE BEHIND, STEP SIDE, TAP TOE BEHIND, STEP ¼ TURN,

1-2 Large step RF to R side (1), Drag L toe to touch beside RF (2) 9:00
3&4 Rock back on LF (3), Recover on RF (&), Step LF to L side (4) 9:00
5-6 Touch R toe behind (5), Step RF to R side (6) 9:00
7-8 Touch L toe to behind (7), Step fwd onto LF making ¼ turn L (8) 6:00

S5: SHUFFLE HALF TURN X 2 WITH CHEST POPS, ROCK FORWARD RECOVER, STEP OUT, OUT, CLAP TWICE

1&2 Step RF to R side making ¼ turn L (1), Close LF beside RF (&), Step back on RF making ¼ turn L (2) (styling option on these counts: push shoulders back & fwd, while popping chest fwd, back, fwd) 12:00
3&4 Step LF to L side making ¼ turn L (3), Close RF beside LF (&), Step fwd on LF making ¼ turn L (4) (styling option on these counts: push shoulders back & fwd, while popping chest fwd, back, fwd) 6:00
5-6 Rock fwd on RF (5), Recover onto LF (6) 6:00
&7&8 Step out on RF (&), Step out on LF (7), Claps hands (&), Clap hands (8) 6:00

S6: JAZZ BOX ¼ TURN, TOUCH TOE BACK, UNWIND ¾ TURN, JUMPS BACK R,L

1-2 Cross RF over LF(1), Step back on LF (2), 6:00
3-4 Step RF to R side making ¼ turn R (3), Step fwd on LF (4) 9:00
5-6 Touch R toe back (5), Begin turning over R shoulder (6) 9:00
7&8 Continue turning to R to make a ¾ turn to 12:00 taking weight onto LF (7), Jump back on RF (&), Jump back on LF (8), (or make a bigger jump back on both feet for count 8) 6:00

Tag performed at the end of walls 2, 4 and 6 (facing 12:00)

TAG, S1: TOE STRUTS BACK WITH HIP BUMPS, WALKS BACK, ROCK WITH KICK, RECOVER

- 1&2 Touch R toe back bumping hips R , (1) Bump hips L (&) Drop R heel bumping hips R (2)
perform these counts while pushing hands in the air. 12:00
- 3&4 Touch L toe back bumping hips L, (1) Bump hips R (&) Drop L heel bumping hips L (2)
perform these counts while pushing hands in the air. 12:00
- 5-6 Walk back on RF (5), Walk back on LF (6) 12:00
- 7-8 Rock back on RF kicking LF fwd (7), Recover onto LF (8) 12:00

TAG, S2: SHUFFLES FORWARD, PIVOT ½ TURN X2

- 1&2 Step fwd on RF, (1) Close LF beside RF (&), Step fwd on RF (2) 12:00
- 3&4 Step fwd on LF, (3) Close RF beside LF (&), Step fwd on LF (4) 12:00
- 5-6 Step fwd on RF (5), pivot ½ turn L (6) 6:00
- 7-8 Step fwd on RF (7), pivot ½ turn L (8) 12:00

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