

La Albiceleste

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Rex Allott (UK) - December 2022
音樂: Tú Sí Sabes Quererme (feat. Los Macorinos) - Natalia Lafourcade



Intro - On Lyrics

S1. Back R cross step, step L fwd, R, L back

- 1-3. Step R behind L, step L to R, step R next to L
- 4-6. Step L diagonally fwd R, step R, straightening up to face fwd step back R, L

S2. Back L cross step, step R fwd, L, R back

- 1-3. Step L behind R, step R to L, step L next to R
- 4-6. Step R diagonally fwd L, step L, straightening up to face fwd step back L, R

S3. Rolling vine with 3/4 turn R

- 1-3. Turning 1/4 R, step L behind R, step R to R, step L next to R
- 4-6. Turning 1/2 R, step L behind R, step R to R, step L next to R

S4. Mambo cross R, L

- 1-3. Step R over L, step L to L, step R next to L
- 4-6. Step L over R, step R to R, step L next to R

S5. Step R out R, heel lifts, knee pops, step L fwd, R, L back

- 1-3. Step R diagonally out R, lift, drop both heels whilst popping both knees
- 4-6. Step L next to right, step back R, L, whilst straightening up

S6. Step L out L, heel lifts, knee pops, step R, L fwd, back

- 1-3. Step L diagonally out L, lift, drop both heels whilst popping both knees
- 4-6. Step R next to L, step back L, R, whilst straightening up

S7. Step R to R, step L next to R x 3

- 1-3. Step R to R, step L next to R, step R to R
- 4-6. Step L next to R, step R to R, step L next to R

S8. L step slide R x 2

- 1-3. Step L to L, slide R next to L (2-3)
- 4-6. Step L to L, slide R next to L (5-6)

Tag. On 1st. wall 4 (3 o'clock)

S1. Cross step R, hold x 2, return, step L, R

- 1-3. Cross R over left, pause x 2
- 4-6. Step R next to L, step L, R

S2. Cross step L, hold x 2, return, step R, L

- 1-3. Cross L over R, pause x 2
- 4-6. Step L next to R, step R, L

S3. Step R fwd, pop knee, rpt L

- 1-3. Step R fwd, pop R knee fwd, back
- 4-6. Step L fwd, pop L knee fwd, back

S4. Step back R, L, full walking/cross turn R

- 1-3. Step R back, step L next to R, making 1/4 turn R step R out R
 - 4-6. Making 1/4 turn R, step L over R, making 1/2 turn R, step R out R, step L next to R
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