

Dancing Kino

拍數: 40 牆數: 4 級數: High Beginner
編舞者: Helma Yoga (INA) - December 2022
音樂: DancerKino-dancerKino- JL. Dancing Group Music Style Jitbha China Dance challenge



Tag: 2c after wall 1
AND On walls 2, 3, 6, 7, 8 (after 24c)

start dance after 32c on vocal

#1. TOE STRUT - HIP ROLL*

1-4 Step R point' forward , R close beside L , L point' forward , L close beside R
5-8 hip roll R - L - R - L

#2. SIDE CLOSE RIGHT*

1-4 Step R to side , Hold , L close beside R , Hold (shimmy)
5-8 REPEAT 1-4

#3 SYNCOPATED CROSS SAMBA - VOLTA FULL TURN LEFT*

1&2& Step R cross over L , L to side , R cross over L , L to side
3&4 R cross over L , L to side , R cross over L
5&6& 1/4 turn left step L forward , R ball behind L , 1/4 turn left step L forward , R ball behind L
7&8 1/4 turn rleft step L forward , R ball behind R , 1/4 turn left step L forward

#4. ROCKING CHAIR MODIFIED - COASTER STEP- ROCK FORWARD- SAILOR 1/4 TURN L*

1&2& Step R forward , recover on L , R to side , recover on L
3&4 R back , L close beside R , R forward , weight on R
5-6 L forward , recover on R (with wave body)
7&8 1/4 turn left step L cross behind R , R beside L, L to side

#5. VAUDEVILLE- FORWARD LOCK SHUFFLE (R-L)*

1&2& Step R cross over L , L to side , R heels diagonal to R , R close beside L
3&4& L cross over R , R to side , L heels diagonal to R , L close beside R
5&6 Step R forward , L lock behind R , R forward
7&8 L forward , R lock behind L , L forward

*TAG *
SWAY ((R-L)

Last Update – 30 Dec. 2022 – R1