

Mambo Mama

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Sophia KSF (MY) - December 2022
音樂: Mama Wanna Mambo (feat. Natti Natasha & Arturo Sandoval) - Meghan Trainor



Intro : 32c approximately 16 second into the music

Restart at Wall 2 after 16 counts

Section 1 : Side mambo R L, side steps to R, point LF over RF, side steps to L, touch RF to LF

1&2 RF to right, replace weight to LF, step RF next to LF
3&4 LF to left, replace weight RF, step LF next to RF
5&6& RF to right, close LF to RF, RF to right, point LF across RF
7&8& LF to left, close RF to LF, LF to left, touch RF next to LF

Section 2 : RF point out in step R, LF forward toes heel step, forward mambo, back mambo

1&2 Point RF to R, point next to LF, step RF to right
3&4 Point LF forward with toes diagonal R, heel diagonal left, LF step in place
5&6 RF forward, replace weight to LF, RF next to LF
7&8 LF back, replace weight to RF, LF next to RF

Section 3 : Paddle ½ turn left. Cross back mambo R L

1&2& RF touch forward, 1/8 left turn x 2 (9:00)
3&4& RF touch forward, 1/8 left turn x 2 (6 :00)
5&6 Cross RF behind LF, replace weight to LF, RF to R
7&8 Cross LF behind RF, replace weight to RF, LF to L

Section 4: Suzie Q L R, side behind side point, rolling vine to L with a hop

1&2& Cross RF over LF, step on ball of LF, cross RF over LF, touch LF next to RF
3&4& Cross LF over RF, step on ball of RF, cross LF over RF, touch RF next to LF
5&6& RF to R, LF behind R, RF to R, point LF to left with body angled diagonally R
7&8& LF ¼ L forward, ½ turn L with RF back, step LF to L with ¼ L turn, RF to LF with hop (weight on LF)