

On My Own Terms

拍數: 32 牆數: 2 級數: Beginner
編舞者: Alex Wise (UK) - December 2022
音樂: On My Own Terms - Ellen Roy



#16 Count Intro

Section 1: Rock R, Recover L, Cross Shuffle, 1/4 , 1/4, Cross Shuffle.

1,2 Rock right (1), recover left (2),
3&4 Cross right over left (3), left together (&), cross right over left (4),
5,6 Step back ¼ over right on left foot (5), step ¼ right to right side (6),
7&8 Cross left over right (7), right together (&), cross left over right (8).

Restart: Restart on Wall 3

Section 2: Rock R, Recover L, Weave L, 1/4, 1/4, 1/2 Shuffle.

1,2 Rock right (1), recover left (2),
3&4 Step right behind left (3), left to left side (&), cross right over left (4),
5,6 Step ¼ over left, left foot forward (5), step ¼ left, right foot forward (6),
7&8 ¼ turn left, left foot forward (7), right together (&), ¼ turn left, left foot forward (8).

Section 3: Right, Together, R Together R, Left, Together, L Together L.

1,2 Step right to right side (1), step left next to right (2),
3&4 Step right to right side (3), left next to right (&), step left next to right (4),
5,6 Step left to left side (5) step right next to left (6),
7&8 Step left to left side (7) right next to left (&), Step left to left side (8).

Section 4: Rock Forward R, Recover, Back R Shuffle, Recover Back L, Recover, Forward L Shuffle

1,2 Rock forward right (1), recover back left (2),
3&4 Step back right (3), left together (&), step back right (4),
5,6 Rock back left (1), recover forward right (2),
7&8 Step forward left (3), right together (&), step Forward left (4)