

Always Forever Young

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Hotma Tiarma Purba (INA) & Wandy Hidayat (INA) - December 2022
音樂: Forever Young - Laura Branigan



I. CROSS, SIDE, CROSS, SIDE, 1/8 L SERPIENTE, ¼ L FORWARD

- 1 Cross R over L
2&3 Recover on L, step R to side, cross L over R
4&5 Recover on R, 1/8 turn left step L forward, step R forward while sweep L (10.30)
6&7 Cross L over R, step R to side, step L back while sweep R
8&1 Cross R behind L, ¼ turn left step L forward, step R forward (7.30)

II. 3/8 R PIVOT, FORWARD, TOUCH, STEP, SWEEP, SAILOR, WALK

- 2&3 Step L forward, 3/8 turn right step R in place, step L forward (12.00)
&4 Touch R behind L, step R in place while sweep L
5&6 Cross L behind R, step R to side, step L forward
7-8 Step R forward, step L forward

#Restart after 20 counts facing 6.00 on 3rd wall, after 16 counts on 6th wall

III. ½ L, BEHIND, SIDE, FORWARD, CROSS, ¼ R BACK, BACK, HOOK, FORWARD, ½ L BACK, BACK, HOOK, FORWARD

- 1-2& ½ Turn left step R back while sweep L, cross L behind R, step R to side
3-4& Step L forward, cross R over L, ¼ turn right step L back
5-6& Step R back while hook L, step L forward, ½ turn left step R back
7-8 Step L back while hook R, step R forward (3.00)

IV. BASIC NC, SPIRAL, SHUFFLE, CROSS, BACK, BACK, CROSS, BACK, BACK

- 1-2& Long step L to side, step R slightly behind L, cross L over R
3-4& Cross R over L and ¾ L spiral (6.00), step L forward, step R next to L
5-6& Step L forward while sweep R, cross R over L, step L back diagonal
7&8& Step R back diagonal, cross L over R, step R back diagonal, step L back diagonal

Enjoy the dance!

Contact: hottiepurba@yahoo.com & hidayatwandi73@gmail.com

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