

# Release Me 2022

拍數: 32      牆數: 4      級數: Beginner +  
編舞者: Nancy Hins (CAN) - October 2022  
音樂: Release Me (Radio Version) - Agnes



Intro : 64 counts

Restarts : During walls 3 and 8, both facing 6h, after 16 counts.

Final : Last wall is wall 11 and starts facing 12h.

After all the dance, you walk forward on RF, make a left 1/4 turn on LF and Voilà!

## Sec. 1: Walk, Walk, Shuffle forward, Rocking Chair

1-2            RF forward (1), LF forward (2)  
3&4           RF forward (3), Lock LF behind RF (&), RF forward (4)  
5-8           Rock forward on LF (5), Recover on RF (6), Rock back on LF (7), Recover on RF (8)

## Sec. 2: Walk, Walk, Shuffle forward, Rocking Chair

1-2            LF forward (1), RF forward (2)  
3&4           LF forward (3), Lock RF behind LF (&), LF forward (4)  
5-8           Rock forward on RF (5), Recover on LF (6), Rock back on RF (7), Recover on LF (8)

**\*\* Both Restarts here facing 6h on Wall 3 and Wall 8**

## Sec. 3: Jazz Box 1/4 Right Turn, Diagonal forward, Touch, Back Diagonal, Touch

1-4            Cross RF over LF (1), 1/8 R Turn on LF (2), 1/8 R Turn on RF (3), LF forward (4) (3h)  
5-6           RF forward to diagonal (5), Touch LF next to RF (6)  
7-8           LF back on diagonal (7), Touch RF next to LF (8)

## Sec. 4: Vine to right, Left Chassé, Rock Back, Recover

1-4            RF to side (1), Cross LF behind RF (2), RF to side (3), Touch LF next to RF (4)  
5&6           LF to left side (5), RF next to LF (&), LF to left side (6)  
7-8           Rock back on RF (7), Recover on LF (8)

Have fun with this one !

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