Devil In My Bed AB or Swedish Stomp

拍數: 32

牆數:4

級數: Beginner

編舞者: Ivan Rundgren (SWE) - November 2022

音樂: Devil in My Bed - Vincent Neil Emerson

或: Up On The House Top - Blake Shelton



Christmas music option: Up On The House Top - Blake Shelton (Swedish Stomp)

Intro: 32 C for both songs, No tag or restart! :)

SEC. 1: SWIVEL - HITCH - L VINE - STOMP

- 1 2 Swivel heels R (1) swivel toes to center (2)
- 3 4 Swivel heels R (3) hitch L knee (4)
- 5 6 Step L to L (5) step R behind L (6) Option: Rolling vine and stomp
- 7 8 Step L to L (7) stomp R next to L (8)

SEC. 2: DIAGONAL STEP - TOUCH - DIAGONAL STEP - TOUCH - KICK X 2 - 1/4 TURN R STOMP X 2

- 1 2 Step R in to R diagonal (1) touch L toe next to R and clap your hands low(2)
- 3 4 Step L in to L diagonal (3) touch R toe next to L and clap your hands high (4)
- 5-6 Kick fwd R (5) kick fwd R (6)
- 7 8 1/4 turn R stomp R to R side (7) stomp L next to R (8)

SEC. 3: R VINE 1/4 TURN R - STEP - FLICK AND SLAP - STEP - FLICK AND SLAP

- 1 2 Step R to R side (1) step L behind R (2) Option: Rolling vine with 1/4 turn R
- 3 4 Step R to R side (3) 1/4 turn R stepping fwd L (4)
- 5 6 Step fwd R (5) flick L behind R and slap L heel with R hand (6)
- 7 8 Step L to L (7) flick R behind L and slap R heel with L hand (8)

SEC. 4: ROCK STEP - BEHIND - SIDE 1/4 TURN L - STOMP X 2 - BOUNCE HEELS TWICE

- 1-2 Step R to R (1) recover to L (2)
- 3 4 Step R behind L (3) 1/4 turn L stepping fwd L (4)
- 5 6 Stomp fwd R (5) stomp L next to R (6)
- 7 8 Bounce heels (7) Bounce heels again (8)

Ending 1: You will start last wall (9:00) dance first 7 count and on count 8 1/4 turn R stomp and clap now facing (12:00) Music will still go so everyone goes step by step to middle of dance floor and make an huge group hug & stretch your hands high :)

Ending 2: You will start last wall facing (12:00) dance first 14 count and finish with

7 – 8 Step back R and stomp (7) stomp L next to R (8)

Start over again!

Have fun & happy dancing, hugs from Sweden :)

Contact: ivan.rundgren@gmail.com Remember to vote for favorite dances if You like it!.

Last Update: 6 Dec 2022