

Key To Life

拍數: 32 牆數: 4 級數: Improver
編舞者: Steve Korte (USA) - December 2022
音樂: Key to Life - BEXAR



Count In: 16 counts. (Start on lyrics)

[1 - 8] R heel, Slide R, L Heel Slide L, R Heel, L Heel Hook, Triple Forward

1 & 2 & R heel forward (1), touch R next to L (&), slide R to R (2) Touch L next to R (&)
3 & 4 & L heel forward (3), touch L next to R (&), slide L to L (4) touch R next to L (&)
5 & 6 & R heel forward (5), Bring R next to L taking weight on R (&) Heel hook L (6&)
7 & 8 Step L foot forward (7), bring R next to L (&), step L forward (8)

[9 - 16] R Rocking Chair, Step ½ Turn Scuff R, R Step Lock Step, L Step ¼ Pivot Cross

1 & 2 & Rock R forward (1) recover L (&), Rock back R (2) Recover L (&)
3 - 4 & Step forward R (3) ½ onto L foot scuffing R foot forward (4&)
5 & 6 Step R forward (5), L behind R (&), R forward (6)
7 & 8 Step L forward (7), make ¼ R (&), cross L in front of R (8)

[17 - 24] R Weave, R Side Rock Cross, L Weave L Side Rock Cross

1 & 2 & Step R to R side (1), step L behind R (&), step R to R side (2), step L in front of R (&)
3 & 4 R side rock recover L (3) Cross step R over L (&), hold (4)
5 & 6 & Step L to L side (5), step R behind L (&), step L to L side (6), step R in front of L (&)
7 & 8 L side rock recover R (7) Cross step L over R (&), hold (8)

[25 - 32] K-step, R Step Together Step, L Step Together Step

1 & 2 & Step R to R diagonal (1), touch L next to R (&), Step L back to center (2) touch R to L (&)
3 & 4 & Step R to back diagonal (3), touch L next R (&), step L to center (4) touch R next to L (&)
5 & 6 & Step R to R side (5), step L next to R (&), Step R to R (6), touch L (&)
7 & 8 & Step L to L side (7), step L next to R (&), Step L to L (8), touch R next to L (&)

Notes: Restart walls 3 & 7 after 16 counts.

Step change: On the restart, instead of crossing L over R (counts 23-24), step L next to R and transfer weight to L foot to allow for easier transition to present heel.

Have Fun!