

Mr. Grinch

拍數: 44 牆數: 4 級數: High Improver
編舞者: Andrés de la Rubia Albertí (ES) - December 2022
音樂: You're a Mean One, Mr. Grinch - Pentatonix



[1-8] Step, point, cross, point, behind, side, cross, point

1-4 Rf fwd, point Lf to the left, cross Lf over Rf, point Rf to the right
5-8 Rf behind Lf, Lf to the left, Rf cross over Lf, point Lf to the left

[9-16] Heel Grind , 1/4 turn left, step back, touch forward, switches (R&L),hold

9-12 Heel Lf forward, 1/4 turn left, Rf back, Lf back, touch Rf fwd
13-16 Point Rf to the right, hold, Point Lf to the left, hold

[17-24] Toe strut (L&R), steps forward (L-R), slide

17-20 Lf toe fwd. drop L heel, Rf toe fwd, drop R heel
21-24 Lf fwd, Rf fwd, we bring Lf next Rf

[25-32] knee roll left, side, knee roll right, side, Hip rolls with bumps, (L&R)

25-28 Lf knee roll left, Lf to the left, Rf knee roll right, Rf to the right
29-32 Lf to L rolling hips from R to L, Bump L, Rf to R rolling hips from L to R, Bump R

[33-40] Skate back (L&R) with holds, rock back, anchor step

33-36 Lf diagonal back, hold,Rf diagonal back, hold
37-40 Lf back, recover weight Rf, change weight Lf, Rf, Lf swinging the hips

[41-44] Toe strut, kick ball touch

41-44 R toe fwd, drop heel Rf, kick Lf fwd, Lf next Rf, touch Rf

Tag A: 2nd wall (8 counts)

[1-8] Steps forward (R-L-R), point, Steps back (L-R-L), point

1-4 Steps forward R,L,R, point Lf to the left
5-8 Steps back L,R,L, point Rf to the right

Tag B: 3rd wall (2 counts)

[1-2] point, flick back

1-2 point Rf fwd, Kick Rf back

Restart: 5 th and 6th wall on count 32

Ending: on the 6th wall dance until step 32 and add ending

[1-8] Diagonal steps forward, point, steps back , point

1-4 Diagonal steps fwd L,R,L, point Rf to the right
5-8 Diagonal steps back R,L,R, point Lf to the left turning 1/8 right (6:00)

[9-16] 1/8 turn right diagonal steps forward, point, steps back 3/8 turn right, point

9-12 Diagonal steps fwd L,R,L, point Rf to the right
13-16 Diagonal steps back R,L, R turn 3/8 right, point Lf to the left

[17-24] Toe struts travelling , slow jazbox with cross

17-20 Cross toe Lf over Rf, drop heel Lf, toe Rf to the right, drop heel Rf
21-24 Cross Lf over Rf, Rf back, Lf to the left, Cross Rf over Lf

[25-32] Prissy walks (L&R), slow coaster step back, point

25-28 Lf fwd and across, hold, Rf fwd and across, hold

