

# How Do I Say Good Bye?

拍數: 64      牆數: 1      級數: High Intermediate  
編舞者: Jean-Pierre Madge (CH) - November 2022  
音樂: How Do I Say Goodbye - Dean Lewis



The dance starts when the singers says « Morning », very short intro, be ready !

## Walk, Walk, Sweep, Cross Back-Back, Cross Back 1/4 turn, Step 1/2 turn

1-2-3      Step R forward (1), Step L forward (2), Step R forward and sweep L turning 1/8 R (3)  
4&5      Cross L over R (4), Step R back turning 1/8L (&), Step L back turning 1/8 L sweeping R over (5),  
6&7      Cross R over L (6) Step L back turning 1/8 R (&), 1/4 R Step R forward (7)  
8&      Step L forward (8), 1/2R Step R forward (&)

## 1/4 Basic L, Sway R Sway L, Basic R, 3/4 Walk-Walk

1-2&      1/4L Step L to L (1), Step R behind L (2), Cross L over R (&)  
3-4      Step R to R and Sway R (3), Sway L (4)  
5-6&      Step R to R (5), Step L behind R (6), Cross R over L (&)  
7-8      1/4R Step L back (7), 1/2R Step R forward (8)

## Sweep, Cross 1/8 back back, Back side 1/8 forward, 1/2 Step, Rock, Run x3

1-2&      Step L forward and Sweep R (1), Cross R over L (2), 1/8R Step L back (&)  
3-4&      Step R back (3), Step L back (4), 1/8R Step R to R (&),  
5-6      1/8R Step L forward prepping body to turn (5), 1/2L Step R back (6),  
7-8&1      Rock L back (7), Step R forward (8), Step L forward (&), Step R forward (1)

Option : Look behind you on count 7 as the singer says « Behind » on the 1st wall

## Rock 1/8 Side, Sweep, Chest pop, Behind Side forward, Run Run

2&3      Rock L forward (2), Recover (&), 1/8L Step L to L (3)  
4-a5      Step R behind L and Sweep L around for 2 counts (4-5)

Option : You can pop your chest on count (a5)

6&7      Step L behind R (6), Step R to R (&), Step L forward (7),  
8&      Step R forward (8), Step L forward (&),

## Rock, Recover, Sweep, 1/2 L hitch, Step, Run, Run, Rock, Back, Back

1-2-3      Rock R forward (1), Recover (2), Step R back and Sweep L (3),  
4-5      1/2 L Hitch L (4), Step L forward (5),  
6&7      Step R forward (6), Step L forward (&) Rock R forward (7)  
8&      Recover (8), Step R back (&)

## Sway, Sway, 1/4L Drag Open arms, Step, Slow Rock, Recover, 1/4L Side, Cross

1-2      1/4L Step L to L and Sway (1), Sway to R (2),  
3-4      1/4L Step L forward and bring both arms up, palm facing up, dragging R next L (3-4)  
5-6-7      Step R forward (5), Rock L forward (6), Recover (7),  
8&      1/4L Step L to L (8), Cross R over L (&),

## Side, Step Cross, 1/4 Step, 1/4 Side, Step Cross, Side, Step Cross, 3/4 WalkWalk

1-2&3      Step L to L (1), Step R behind L (2), Cross L over R (&), 1/4L Step R back (3)  
4&5      1/4L Step L to L (4), Cross R over L (&), Step L to L (5)  
6&7-8      Step R behind L (6), Cross L over R (&), 1/4L Step R back (7), 1/2L Step L forward (8)

## Rock in Chair, Step turn x2, Slow Rock, Recover, Step, Drag and

1&2&      Rock R forward (1), Recover (&), Rock R back (2), Recover (&)

3&4& Step R forward (3), 1/2L Step L forward (&), Step R forward (4), 1/2L Step L forward (&)  
5-6 Rock R forward (5), Recover (6),  
7-8& Big Step R back (7), Drag L next R (8), Step L next R (&)

**Bridge - 8counts**

**Rock in Chair, Step turn Step turn**

1-2-3-4 Rock R forward (1), Recover (2), Rock R back (3), Recover (4)

5-6-7-8 Step R forward (5), 1/2L Step L forward (6), Step R forward (7), 1/2L Step L forward (8)

**You will dance the dance only 3 times :**

**First wall you dance the whole dance**

**\*2nd wall you do the Bridge after 32 counts, and then keep dancing the last 32counts**

**\*3rd wall you dance the whole dance and repeat the last 5 counts and raise your R hand forward as the singer says « Goodbye »**

**Smile and Start the dance again !**

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