

A Bigger No Diggity

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rex Allott (UK) - December 2022
音樂: No Swinggity - Minimatic



Intro - 32 beats

S1. 'Shoop shoop' steps L,R, R mambo, 1/2 turn R, stomp R,L

1&2. Step R diagonally out fwd, slide L behind R, step R fwd (swing arms in a 'skiing' motion)
3&4. Step L diagonally out fwd, slide R behind L, step L fwd (swing arms in a 'skiing' motion)
5&6& Turning 1/2 R, step R fwd, step L next to R, step R fwd, step L next to R
7-8. Stomp R, L

S2. Spring R,L,R, L forward mambo, rpt L

1&2. Spring R to R, spring back on L, step R next to L
3&4. Step L fwd, step R on the spot, step L next to R
5&6. Spring L to L, spring back on R, step L next to R
7&8. Step R fwd, step L on the spot, step R next to L

S3. Heel flicks R,L, R heel digs x 3, cross shuffle R,L

1&2&. Flick R heel out, back, L heel out, back
3&4. Dig R heel x 3
5&6. Cross R over L, step L behind R, step R diagonally out L
7&8. Cross L over R, step R behind L, step L diagonally out R

S4. Diagonal samba steps L,R

1-2. Make a big rock step out R with R (bending both knees), return weight to L
3&4. Repeat 1-2 & step R next to L
5-6. Make a big rock step out L with L (bending both knees), return weight to R
7&8. Repeat 5-6 & step L next to R

S5. Monterey turn 1/4 R, cross R over L with 1/2 turn R

1-2. Turning 1/4 R, step R fwd, step L next to R
3-4. Point L out L, return L next to R
5-6. Turning 1/4 R, cross R over L, step L back
7-8. Turning 1/4 R, step R fwd, step L next to R

S6. Walk fwd R,L, side mambo R, walk fwd L,R, fwd

1-2. Walk fwd R, L
3&4. Step R to R, step L on the spot, step R next to L
5-6. Walk fwd L, R
7&8. Step L fwd, step R on the spot, step L next to R

S7. R,L toe slide back x 2, R shuffle fwd, 1/2 turn R, stomp L, R

1-2. Lifting heel slide R toe back, rpt L
3-4. Rpt 1-2.
5&6. Step R fwd, slide L behind R, step R fwd
7-8. Turning 1/2 L stomp L fwd, stomp R

S8. Step out L, return, triple step, full turn R with L hitch, Rp hitch

1-2. Take a big step L, return weight to R
3&4. Triple step L,R, L

- 5&6. Making 1/2 turn R, step R out R, hitch L
7&8. Making 1/2 turn R, step L out R, hitch R

Restart after 4th S6. @ 9 o'clock
