Sweetheart (心上的罗加)



拍數: 30 牆數: 4 級數: Improver

編舞者: Diana Liang (CN) - November 2022

音樂: Xin Shang De Luo Jia (心上的罗加) - A Lu A Zhuo (阿鲁阿卓)



Intro: 8 - Sequence: 30, 30, 28, 30, Tag, 30, 28, 28, 16

S1: Vine R, Weave, Cross Rock Recover 1/4 L, 1/4L x 3

1-2& step Rf to R side, step Lf behind Rf, step Rf to R side

3&4& cross Lf over Rf, step Rf to R side, step Lf behind Rf, step Rf to R side

5& cross rock Lf over Rf, recover to Rf turning 1/4 to L, Rf to 9H but body to 10:30H

6& turn 1/4 to L stepping Lf forward, step Rf next to Lf, 6H

7& = 6&, 3H 8& = 6&, 12H

S2: Repeat S1 to Opposite Direction

1-2& step Lf to L side, step Rf behind Lf, step Lf to L side

3&4& cross Rf over Lf, step Lf to L side, step Rf behind Lf, step Lf to L side

5& cross rock Rf over Lf, recover to Lf turning 1/4 to R, Lf to 3H but body to 1:30H

6& turn 1/4 to R stepping Rf forward, step Lf next to Lf, 6H

Ends Here *

7& = 6&, 9H 8& = 6&, 12H

S3: NC Basic RL, Run Forward RLR, Run Back LRL

1-2& step Rf to R side, step Lf behind Rf, cross Rf slightly over Lf
3-4& step Lf to L side, step Rf behind Lf, cross Lf slightly over Rf
5&6& step Rf forward, step Rf forward, low hitch Lf

7&8& step Lf back, step rf back, step Lf back, low hitch Rf

S4: Coaster, Mambo 1/4L Touch, Diagonal Back Touch RL

1&2 step Rf back, step Lf next to Rf, step Rf forward

3&4& step Lf forward, Recover to Rf, turn 1/4 to L stepping Lf to L side, touch Rf next to Lf

5&6& step Rf to R diagonal back, touch Lf next to Rf, step Lf to L diagonal back, touch Rf next to Lf

Tag: Diagonal Back Touch RL, @ the end of W4

1&2& step Rf to R diagonal back, touch Lf next to Rf, step Lf to L diagonal back, touch Rf next to Lf

Ending: dance up to 5&6& of S2 during W8

with step change to:

5-6 cross Rf over Lf, turn 1/4 to L stepping Lf to L side, 12H

Thanks and happy dancing!

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