

Come In Cowgirl

拍數: 32 牆數: 4 級數: Improver
編舞者: Michael Cotnoir (CAN) & Sophie Cournoyer (CAN) - 15 November 2022
音樂: Come In (But Don't Make Yourself Comfortable) - Caroline Jones



Intro : Approximately 2 counts (Immediately after the words « Come In »).

S1 Side, Flick Behind, Side, Behind, Side, Cross, Side Rock ¼ Turn R, Run (X3)

1-2-3 Step RF to R side (1) – Flick LF behind RF (2) – Drop LF to L side (3)
4&5 Cross RF behind LF (4) – Step LF to L side (&) – Cross RF over LF (5)
6-7 Rock LF to L side (6) – ¼ turn R recovering on RF forward (7) [3:00]
8&1 Run three small steps forward, LF (8), RF (&), LF (1)

S2 Rock Step Forward, Coaster Step, ¼ Turn R Side Rock, Behind, Side, Cross

2-3 Rock RF forward (2) – Recover on LF (3)
4&5 Step RF back (4) – Step LF next to RF (&) – Step RF forward (5)
6-7 ¼ turn R rocking LF to L side (6) – Recover on RF (7) [6:00]
8&1 Cross LF behind RF (8) – Step RF to R side (&) – Cross LF over RF (1)

S3 Side, Together, Shuffle Forward, Rock Step Forward, Triple Step ¾ Turn L

2-3 Step RF to R side (2) – Step LF next to RF (3)
4&5 Step RF forward (4) – Step LF next to RF (&) – Step RF forward (5)
6-7 Rock LF forward (6) – Recover on RF (7)
8&1 ½ turn L stepping LF forward (8) – 1/8 turn L stepping RF near LF (&) – 1/8 turn L stepping LF forward (1) [9:00]

S4 Hold, Heel Switches, Together, Pivot ½ L (X2)

2 Hold (2)
3&4& Touch R heel forward (3) – Step RF next to LF (&) – Touch L heel forward (4) – Step LF next to RF (&)
5-6 Step RF forward (5) – Pivot ½ turn L (6) (Weight on LF) [3:00]
7-8 Step RF forward (7) – Pivot ½ turn L (8) (Weight on LF) [9:00]

No tags, no restarts.

Have fun!

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