

Ashes of Love

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Suryanti (INA), Jenny (INA) & Henny Angel (INA) - November 2022
音樂: Upwards To The Moon (左手指月) - Sa Ding Ding (薩頂頂) : (Soundtrack of Ashes Of Love)



Sequence ; A A B A A B (16C) A A

Intro : Start dance on vocals

Part A : 32 C

SEC 1 : FORWARD – SIDE POINT (2×) , CROSS UNWIND , BEND KICK

1-4 Step RF fwd ,Point LF to side, Step LF fwd , Point RF to side
5-6 Cross Rf infront LF , Unwind full turn L transferring weight to R .
7-8 Bend both knees , Raise both knee - kicking low LF fwd .

SEC 2 : WALK BACKWARDS L R L R L – SIDE POINT,ROLLING UPPER BODY ,SIDE LUNGE WITH HAND MOTION

1&2&3-4 Step LF ,RF,LF,RF,LF back ,Point RF to side (Raise your left hand up diagonally to L).
5-6 Roll upper body clockwise.
7-8 Lunge your right knee – Pointing your left hand down and your right hand up , Transfer weight to your left foot – Raising your left hand up and right hand down.

SEC 3 : WEAVE , BODY SWAY L R L

1&2&3&4&5 Cross RF over Lf,Step LF to side, Cross RF behind LF,Step LF to side ,Cross RF over LF ,Step LF to side ,Cross RF behind LF ,Step LF to L ,Cross RF over LF
6-7-8 Step LF to side – Swaying your body to L , Sway body to R , Sway body to L – body angle to 03.00 weight on LF

SEC 4 : TURN ¼ R,FORWARD - SPIRAL (2×) ,FORWARD HITCH TURN ¼ R , CROSS RECOVER -SIDE KICK

1-4 Step RF fwd Turning ¼ R (facing 03.00), Spiral right full turn hooking RF over LF , Step RF fwd , Spiral right full turn hooking RF over LF
5-6 Step RF fwd , Hitch LF figure four- Turning ¼ R (facing 06.00)
7&8 Cross LF over RF , Recover on RF ,Step LF to L- Kicking low RF to side

PART B : 32 C

SEC 1 : WALK 2X – SIDE TOUCH (2×)

1-4 Step RF fwd , Step LF fwd , Step RF to side , Touch LF next to RF
5-8 Step LF fwd , Step RF fwd ,Step LF to side , Touch RF next to LF

SEC 2 : SMALL RUN R FULL TURN , SIDE POINT TURN 1/4 L ,SWEEP TURN ¼ L BEND

1&2&3&4 Step RF 1/8 to R ,Step LF 1/8 R , Step RF 1/8 to R ,Step LF 1/8 R , Step RF 1/8 to R ,Step LF fwd , Cross RF over LF (facing 12.00)
5-6 Point LF to side , Turn ¼ L stepping LF fwd (facing 09.00)
7-8 Sweep RF from back to front – Turning ¼ L (facing 06.00),
Bend both knees .

SEC 3 : FORWARD SIDE POINT,PIVOT ½ R ,CROSS UNWIND, BODY SWAY R L

1-2 Raise both knees -Stepping RF fwd , Point LF to side
3-4 Step LF fwd ,Turn ½ R – Transferring weight on RF (facing 12.00)
5-6 Cross LF infront RF, Unwind full turn R transferring weight on L
7-8 Step RF to side – swaying body to R ,Sway to L

SEC 4 : FORWARD SWEEP (2×) , HOOK LUNGE , SWAY BODY BACK TOUCH

- 1-2 Step RF fwd ,Sweep LF from back to front
- 3-4 Step LF fwd ,Sweep RF from back to front
- 5-6 Hook cross RF over LF , Lunge RF diagonally to R (angle 01.30)
- 7-8 Sway body backward -Dragging RF , Touch RF next to LF

Enjoy & have fun !

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