

Never Gonna Not Dance

COPPER KNOB
BY STEPHEN

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Maddison Glover (AUS) - November 2022
音樂: Never Gonna Not Dance Again - P!nk : (Not the explicit version)



Introduction: 8 counts (begin on lyrics)

Version 2.0

Side, Flick Behind, Side, Behind, Side, Cross, 1/8 Back, Rock Back, Recover

1,2,3,4& Step R to R side, flick L behind R, step L to L side, cross R behind L, step L to L side

Arm option for counts (1,2): L arm out to L side with R arm bent slightly above head (1)

R arm out to R side with L arm bent slightly above head (2) *this motion is like you're waving your hands L to R*

5,6 Cross R over L, step L to L side

7,8 Turn 1/8 R rocking back onto R as you hitch L knee (1:30), recover weight fwd onto L

½ turn, ¼ Side, Hold, Together, ¼ Forward, Rock/ Recover, 3/8 Forward, ½ Turn Back

1 Make ½ turn L stepping R back (7:30)

2,3 Make ¼ turn L stepping L to L side (body facing 4:30- head looking towards 1:30), hold

Arm option for count 2,3: push both arms out at shoulder height with palms facing out

&4 Still looking at 1:30: step R beside L, turn ¼ L stepping L fwd (body is now facing 1:30)

5,6,7,8 Rock R fwd, recover back onto L, turn 3/8 R stepping R fwd (6:00), make ½ turn R stepping L back (12:00)

¼ Side, Together, Side Shuffle, Cross Rock/ Recover, Shuffle ¼ Forward

1,2,3&4 Turn ¼ R stepping R to R side (3:00), step L together, step R to R side, step L together, step R to R side

5,6,7&8 Cross rock L over R, recover weight onto R, step L to L side, step R together, turn ¼ L stepping L fwd (12:00)

Forward, ½ Turn with a Kick, 2x Walks Forward, Rock Forward, Recover, Coaster

1,2,3,4 Step fwd onto R, make ½ turn over L as you kick L fwd (6:00), walk L fwd, walk R fwd

5,6,7&8 Rock L fwd, recover weight back onto R, step L back, step R together, step L fwd

***2x Toe/ Heel Struts Forward, Mambo Forward, Coaster Cross**

1,2,3,4 Touch R toe fwd, lower R heel to floor, touch L toe fwd, lower heel to floor

Option: Add hip bumps on the toe/heel struts (1&2,3&4) or shimmy from counts 1-4 or both hip bumps + shimmy

5&6,7&8 Rock R fwd, recover weight back onto L, step R back, step L back, step R together, cross L over R

***Restart 1**

Extended Vine, ½ Monterey Turn

1,2,3,4 Step R to R side, cross L behind R, step R to R side, cross L over R

***Restart 3**

5,6,7,8 Point R to R side, make ½ turn over R as you step R beside L (12:00), point L to L side, cross L over R

***Restart 2**

Side, Together, Lock Shuffle Forward, Rock/ Recover, Back, Coaster Cross

1,2,3&4 Step R to R side, step L together, step R fwd, lock L behind R, step R fwd

5,6,7,8&1 Rock L fwd, recover weight back onto R, step L back, step R back, step L together, cross R over L

Side, Cross Samba, Cross, Side, Cross Samba

2,3&4 Step L to L side, cross R over L, step L out to L side, step R in place

5,6,7&8 Cross L over R, step R to R side, cross L over R, step R out to R side, step L in place

Cross Samba x2, Cross, ¼ Back, ¼ Side, Cross

1&2,3&4 Cross R over L, step L out to L side, step R in place, cross L over R, step R out to R side, step L in place

Arm option: Roll arms in front of chest for counts 1-4

5,6,7,8 Cross R over L, turn ¼ R stepping L back (3:00), turn ¼ R stepping R to R side (6:00), cross L over R

Counts 1-4 are to travel slightly forward

RESTART 1: During the 2nd sequence, start dance facing 6:00. Dance up until count 40 and restart the dance facing 12:00.

Listen for "D-d-d-dance, I'm gonna dance"

RESTART 2: During the 4th sequence, start the dance facing 6:00. Dance up until count 48 and restart the dance facing 6:00.

Listen for "D-d-d-dance, I'm gonna dance"

RESTART 3: During the 5th sequence, start the dance facing 6:00. Dance up until count 44 and restart the dance facing 12:00.

Vocal option: Count out the extended vine "1,2,3,4"

ENDING: You will be facing 6:00. Dance up until count 57. When you cross the R over L for count 57; unwind a ½ turn L to 12:00.

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